

First Grade June Garden Visit Lesson Plan

Preparing to Harvest the Garden

Objective: Students will be able to design a recipe using garden harvested vegetables to encourage students to make healthier choices.

Standard: K-2-ETS1-1. Ask questions, make observations, and gather information about a situation people want to change to define a simple problem that can be solved through the development of a new or improved object or tool.

Materials:

- Garden Recipe Worksheet
- Surface to write on (If you wish to complete the worksheet outdoors)
- Pencils

Activities:

- Once arriving in the garden, the teacher(s) can review what plants need to grow and survive.
- The teacher(s) can now ask what humans need to survive. (Food, water, shelter, and air.) The teacher(s) will explain how farmers plant food that they can eat.
- Students can walk through the garden to see what is growing. Teachers can discuss with students what is edible in our garden.
- Students will then be challenged to think of a recipe that will help students make healthier choices at Parkview during lunch time. The students can create a recipe using one or more of the garden grown foods.