

Appendix E

Materials

COMPREHENSIVE HEALTH AND PHYSICAL EDUCATION: Appendix E

Core Text:

- *Totally Awesome Health*, Macmillan/McGraw-Hill, 2003

Supplemental Instructional Texts and Materials:

- *Health*, McGraw-Hill, 1999
- *Your Body Book*, Glencoe McGraw-Hill, 1994
- *Human Body Systems & Health*, Holt, Rinehart & Winston, 2007
- *Steps to Respect*, Committee for Children, 2001
- *Here's Looking at You 2000*, Comprehensive Health Education Foundation, second edition, 1992 (Discovery Education)
- *Eddie Eagle* program, The National Rifle Association

Videos:

- Big Chances, Big Choices
- Dealing with Pressures
- Enhancing Self Esteem
- Respecting Others
- Ryan White, "I Have AIDS"
- HBO: "Smoking" Miracle of Life
- AIDS: Exploring the Myths
- "Bill Nye, The Science Guy" (Series)
 - Food Net
 - Bones and Muscle
 - Cells
 - Digestion
 - Blood and Circulation
 - Skin

Supporting Program Activities:

- *NJ Comprehensive Health Education and Physical Education Curriculum Framework*, NJ DOE, 1999
- *Making a Difference – Lyme Disease Prevention Education Guide*, New Jersey State Department of Education
- *New Jersey Fire Safety Skills*, Bureau of Fire Safety State of New Jersey
- *Basics of Bicycling*, Bicycling Federation of America
- *Advanced First Aid and Emergency Care*, American Red Cross
- *A Parent's Guide to General Safety*, National Rifle Association
- *Ready-To-Use P.E. Activities*
- *Great Games for Young People*
- *Best of Games That Come Alive*
- *Changing Kids' Games*
- *Fitness Fun*
- *The President's Challenge Test*
- *D.A.R.E.*, Drug Abuse Resistance Education
- *G.R.E.A.T.*, Gang Resistance Education and Training
- The Six Pillars of Character

Gym Equipment

- Specialized type of ball for each sport
- mats, pinnies, hoops, ropes, scooters