# Appendix A

**Standards Cross Reference Matrix** 

#### HEALTH AND PHYSICAL EDUCATION: Appendix A

# **Standards Cross Reference Matrix**

Milltown School District has developed the Standards Cross Reference Matrix tables as a tool to ensure adherence to the New Jersey Core Curriculum Content Standards in each area of our curriculum. These tables reflect the standards applicable to the curriculum content in this guide and show progressive mastery according to the state's guidelines for each grade level.

TABL	E KEY:
-	No indicator exists at the grade level
M	Grade level instruction for mastery
X	Indicator is addressed at the shared grade level, or in a specialized curriculum course
P	Previously mastered at lower grade level
Ι	Introduced at grade level, developmental understanding
G	Previously introduced, guided learning toward future mastery
R	Reinforced exploration through higher level critical thinking skills
С	Comprehensive state indicator, instruction based on teacher-assessed need
SS	Included within the social studies curriculum
Н	Combined with Health course, included in the 21st Century Skills curriculum and PE curriculum guide

#### 2.1 Wellness

All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.

The students at this level will increase their understanding of the following knowledge and achieve developmental mastery as indicated:

- A. Personal Growth and Development
- B. Nutrition
- C. Diseases and Health Conditions
- D. Safety
- E. Social and Emotional Health

#### 2.2 INTEGRATED SKILLS

All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

The students at this level will increase their understanding of the following knowledge and achieve developmental mastery as indicated:

- A. Interpersonal Communication
- B. Decision-Making and Goal Setting
- C. Character Development
- D. Advocacy and Service
- E. Health Services and Information

#### 2.3 Drugs and Medicines

All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.

The students at this level will increase their understanding of the following knowledge and achieve developmental mastery as indicated:

- A. Medicines
- B. Alcohol, Tobacco, and Other Drugs
- C. Dependency/Addition and Treatment

## 2.4 Human Relationships and Sexuality

All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.

The students at this level will increase their understanding of the following knowledge and achieve developmental mastery as indicated:

- A. Relationships
- B. Sexuality
- C. Pregnancy and Parenting

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2.5 Motor Skills Development

All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.

The students at this level will increase their understanding of the following knowledge and achieve developmental mastery as indicated:

- A. Movement Skills and Concepts
- B. Strategy
- C. Sportsmanship, Rules, and Safety

#### 2.6 Fitness

All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.

The students at this level will increase their understanding of the following knowledge and achieve developmental mastery as indicated:

- A. Movement Skills and Concepts
- B. Strategy
- C. Sportsmanship, Rules, and Safety

### 9.2 Career Awareness, Exploration, and Preparation

All students will apply knowledge about and engage in the process of career awareness, exploration, and preparation in order to navigate the globally competitive work environment of the information age.

- A. Career Awareness (grades K-4)
- B. Career Exploration (grades 5-8)

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NJCCCS		Wellness							
	K	1	2	3	4	5	6	7	8
2.1 A1	I	X	M	M	P	M	P	M	P
2.1 A2	X	X	M	M	P	M	P	M	P
2.1 A3	=	-	-	=	-	M	P	M	P
2.1 A4	-	-	-	-	-	-	-	M	P
2.1 B1	X	X	M	M	P	M	P	M	P
2.1 B2	X	X	M	M	P	M	P	M	P
2.1 B3	X	X	M	M	P	M	P	M	P
2.1 B4	-	-	-	M	P	M	P	M	P
2.1 C1	X	X	M	X	M	X	M	X	M
2.1 C2	X	X	M	X	M	X	M	Х	M
2.1 C3	X	X	M	X	M	X	M	M	P
2.1 D1	ı	M	P	M	P	M	P	M	P
2.1 D2	X	M	P	M	P	M	P	М	P
2.1 D3	X	M	P	M	P	M	P	M	P
2.1 D4	-	-	-	М	Р	M	P	M	P
2.1 E1	Х	Х	M	Х	М	Х	M	М	P
2.1 E2	Х	Х	M	Х	М	Х	M	М	P
2.1 E3	Х	Х	M	Х	М	Х	M	М	P
2.1 E4	-	-	-	Х	M	-	-	M	Р

NJCCCS	Integrated Skills								
	K	1	2	3	4	5	6	7	8
2.2 A1	Х	М	P	М	P	M	P	М	P
2.2 A2	-	-	-	М	P	M	P	М	Р
2.2 B1	Х	M	P	М	P	M	P	М	P
2.2 B2	X	М	P	М	P	M	P	М	P
2.2 B3	X	М	P	М	P	M	P	М	P
2.2 B4	Х	М	P	М	P	M	P	-	-
2.2 C1	ı	X	М	ı	М	ı	М	М	P
2.2 C2	X	Х	М	I	М		М	С	Х
2.2 C3	-	-	-	I	М		М	Х	M <sub>GC</sub>
2.2 D1	X	Х	М	Х	M <sup>ss</sup>	Х	М	Х	М
2.2 D2	-	-	-	-	-	Х	М	Х	М
2.2 E1	X	Х	М	Х	М	Х	М	М	P
2.2 E2	-	-	-	Х	М	Х	M	М	Р

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NJCCCS	Drugs and Medicine								
	K	1	2	3	4	5	6	7	8
2.3 A1	X	M	P	M	P	M	P	М	P
2.3 A2	Х	М	P	М	P	М	P	М	Р
2.3 B1	Х	М	P	М	P	М	P	М	P
2.3 B2	Х	М	P	М	Р	M	P	М	Р
2.3 B3	Х	М	Р	М	Р	М	Р	М	Р
2.3 B4	Х	М	Р	М	Р	М	Р	М	Р
2.3 B5	Х	М	Р	М	Р	М	Р	М	Р
2.3 B6	-	-	-	-	-	М	Р	М	Р
2.3 B7	-	-	-	-	-	М	Р	М	Р
2.3 B8	-	-	-	-	-	-	-	М	Р
2.3 C1	Х	М	Р	М	Р	М	Р	М	Р
2.3 C2	X	М	Р	М	Р	M	Р	М	Р
2.3 C3	-	-	-	М	Р	М	Р	-	-
2.3 C4	-	-	-	-	-	M	Р	-	-

NJCCCS	Human Relationships and Sexuality										
	K	1	2	3	4	5	6	7	8		
2.4 A1	Х	Х	М	Х	М	Х	М	Х	М		
2.4 A2	Х	Х	М	Х	М	Х	М	Х	М		
2.4 A3	Х	Х	М	-	-	Х	М	Х	М		
2.4 A4	-	-	-	-	-	Х	М	Х	М		
2.4 A5	-	-	-	-	-	Х	М	Х	М		
2.4 A6	-	-	-	-	-	-	-	Х	М		
2.4 B1	Х	Х	М	Х	М	М	P	Х	М		
2.4 B2	-	-	-	-	-	Х	М	Х	М		
2.4 B3	-	-	-	-	-	Х	М	Х	М		
2.4 B4	-	-	-	-	-	Х	М	Х	М		
2.4 B5	-	-	-	-	-	-	-	Х	M		
2.4 B6	-	-	-	-	-	-	-	Х	M		
2.4 C1	Х	Х	М	Х	М	М	R	Х	М		
2.4 C2	-	-	-	Х	М	М	R	Х	М		
2.4 C3	-	-	-	-	-	М	R	Х	М		
2.4 C4	-	-	-	-	-	Х	М	Х	M		
2.4 C5	=	-	-	-	=	=.	-	Х	М		

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NJCCCS	Motor Skill Development										
	K	1	2	3	4	5	6	7	8		
2.5 A1	ı	G	М	ı	М	ı	M	ı	М		
2.5 A2	ı	G	М	ı	М	ı	M	ı	М		
2.5 A3	ı	G	M	ı	М	ı	M	ı	M		
2.5 A4	I	G	М	I	М	ı	M	I	М		
2.5 B1	I	G	М	I	М	ı	M	I	М		
2.5 B2	I	G	М	I	М	ı	M	I	М		
2.5 B3	ı	G	М	-	-	-	-	ı	М		
2.5 B4	I	G	М	-	-	-	-	-	-		
2.5 C1	I	G	М	I	М	I	M	I	M		
2.5 C2		G	М	I	М	I	M	I	M		
2.5 C3	-	-	-	-	-	I	M	I	М		

NJCCCS		Fitness								
	K	1	2	3	4	5	6	7	8	
2.6 A1	ı	G	M	ı	M	ı	М	ı	М	
2.6 A2	I	G	M	ı	M	ı	М	ı	М	
2.6 A3	I	G	M	I	М	I	М	I	М	
2.6 A4	-	-	=	I	М	I	М	I	М	
2.6 A5	-	-	-	-	-	I	М	ı	М	
2.6 A6	-	-	-	-	-	I	М	ı	М	
2.6 A7	-	-	-	-	-	ı	М	-	-	

NJCCCS	Career
	Awareness
9.2.8.B.1	8H
9.2.8.B.2	8H
9.2.8.B.3	8H
9.2.8.B.4	8H
9.2.8.B.5	8H
9.2.8.B.6	8H
9.2.8.B.7	8H