Unit 4c-Games

Content Area: **P.E. & Health**
Course(s): **Phys. Ed. 3**
Time Period: **Marking Period 4**
Length: **MP4**
Status: **Published**

Essential Question

Why is it important to be able to work well with others?

How do games teach life skills?

Big Ideas

Teams apply offensive, defensive, and cooperative strategies in most games, sports, and physical activities.

Exploring wellness components provide a foundational experience of physical movement activities

CSDT Technology Connection

• 8.1.5.IC.1: Identify computing technologies that have impacted how individuals live and work and describe the factors that influenced the changes.

• 8.1.5.IC.2: Identify possible ways to improve the accessibility and usability of computing technologies to address the diverse needs and wants of users.

Enduring Understandings

2.2 Physical Wellness

Movement Skills and Concepts

2.2.5.MSC.6: Execute appropriate behaviors and etiquette while participating as a player and viewing as an observer during physical activity, games, and other events, contributes to a safe environment.

Lifelong Fitness

2.2.2.LF.1: Express one's feeling and emotions when involved in movement and physical activities to increase positive behaviors.

2.2.2.LF.2: Perform movement skills that involve controlling and adapting posture and balance, to successfully negotiate different environments (e.g., mats, turf fields, grass fields,