# **Unit 1c-Pillow Polo**

Content Area: Music
Course(s): Phys. Ed. 3
Time Period: Marking Period 1

Length: MP1 Status: Published

#### **Essential Question**

What are some cooperative strategies that can be used in pillow polo?

#### **Big Ideas**

• Teams apply offensive, defensive, and cooperative strategies in most games, sports, and physical activities

### **CSDT Technology Connection**

- 8.1.5.IC.1: Identify computing technologies that have impacted how individuals live and work and describe the factors that influenced the changes.
- 8.1.5.IC.2: Identify possible ways to improve the accessibility and usability of computing technologies to address the diverse needs and wants of users.

## **Enduring Understandings**

2.2 Physical Wellness

Movement Skills and Concepts

- 2.2.5.MSC.6: Execute appropriate behaviors and etiquette while participating as a player and viewing as an observer during physical activity, games, and other events, contributes to a safe environment.
- 2.2.5.MSC.7: Apply specific rules, strategies, and procedures for specific physical activity, games, and sports in a safe active environment