

# Unit 1c-Pillow Polo

Content Area: **Music**  
Course(s): **Phys. Ed. 3**  
Time Period: **Marking Period 1**  
Length: **MP1**  
Status: **Published**

## Essential Question

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What are some cooperative strategies that can be used in pillow polo?

## Big Ideas

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- Teams apply offensive, defensive, and cooperative strategies in most games, sports, and physical activities

## CSDT Technology Connection

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- 8.1.5.IC.1: Identify computing technologies that have impacted how individuals live and work and describe the factors that influenced the changes.
- 8.1.5.IC.2: Identify possible ways to improve the accessibility and usability of computing technologies to address the diverse needs and wants of users.

## Enduring Understandings

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### 2.2 Physical Wellness

#### Movement Skills and Concepts

2.2.5.MSC.6: Execute appropriate behaviors and etiquette while participating as a player and viewing as an observer during physical activity, games, and other events, contributes to a safe environment.

2.2.5.MSC.7: Apply specific rules, strategies, and procedures for specific physical activity, games, and sports in a safe active environment

