

Unit 1c-Pillow Polo

Content Area: **Music**
Course(s): **Phys. Ed. 3**
Time Period: **Marking Period 1**
Length: **MP1**
Status: **Published**

Essential Question

What are some cooperative strategies that can be used in pillow polo?

Big Ideas

- Teams apply offensive, defensive, and cooperative strategies in most games, sports, and physical activities

Technology Connection

- 8.1.5.IC.1: Identify computing technologies that have impacted how individuals live and work and describe the factors that influenced the changes.
- 8.1.5.IC.2: Identify possible ways to improve the accessibility and usability of computing technologies to address the diverse needs and wants of users.

Enduring Understandings

2.2 Physical Wellness

Movement Skills and Concepts

2.2.5.MSC.6: Execute appropriate behaviors and etiquette while participating as a player and viewing as an observer during physical activity, games, and other events, contributes to a safe environment.

2.2.5.MSC.7: Apply specific rules, strategies, and procedures for specific physical activity, games, and sports in a safe active environment

