Unit 4b-Kickball/Striking

Content Area: **P.E. & Health**
Course(s): **Phys. Ed. 2**
Time Period: **Marking Period 4**
Length: **MP4**
Status: **Published**

Essential Question

What is the difference between offense/defense?

What are the responsibilities when on offense/defense?

Big Ideas

- Feedback impacts and improves the learning of movement skills and concepts.
- Teamwork consists of effective communication and respect among class and team members.

CSDT Technology Connection

• 8.2.2.ITH.3: Identify how technology impacts or improves life.

• 8.2.2.ITH.4: Identify how various tools reduce work and improve daily tasks

CSDT Technology Integration

8.1.2.A.5 Enter information into a spreadsheet and sort the information.

Activity

Striking Stations. Students watch a video showing different striking stations. Each using different striking implements and objects. Some individual and some partner. Students are separated into stations and rotate every 6-8 minutes. Students will record their success rate using different implements. Example: paddle, bat and hand. Students will input data into a spreadsheet and sort information.

Enduring Understandings

2.2 Physical Wellness

Movement Skills and Concepts

2.2.2.MSC.5: Adjust and correct movements and skill in response to feedback.

2.2.2.MSC.6: Execute appropriate behaviors and etiquette while participating in and viewing activities, games, sports, and other events to contribute to a safe environment. •

2.2.2.MSC.7: Demonstrate kindness towards self and others during physical activity to create a safe and caring environment. •

2.2.2.MSC.8: Explain the difference between offense and defense