Unit 1b-Soccer

Content Area: **P.E. & Health**
Course(s): **Phys. Ed. 2**
Time Period: **Marking Period 1**
Length: **MP1**
Status: **Published**

Essential Question

What is the role of offense and defense?

Big Ideas

- The body moves with confidence in a variety of the age appropriate performances of gross, fine, locomotor, non-locomotor, and manipulative skills as it relates to movements, concepts, games, aerobics, dance, sports, and recreational activities.
- Teamwork consists of effective communication and respect among class and team members.

CSDT Technology Connection

• 8.2.2.ITH.3: Identify how technology impacts or improves life.

• 8.2.2.ITH.4: Identify how various tools reduce work and improve daily tasks

Technology Integration

8.2.2.ITH.3 Identify how technology impacts or improves life

Activity: Students practice soccer skills of dribbling and trapping. Instructional video demonstrates and explains game of Freeze Dribble. Students dribble in an open area and trap the ball when the music stops. Students will be chosen at random to stop the music.

Discussion follows about how the video improved one's soccer skill

Enduring Understandings

2.2 Physical Wellness

Movement Skills and Concepts

2.2.2.MSC.3: Demonstrate manipulative movements (e.g., throwing, catching, dribbling, running, kicking) while moving in personal and general space, time, directions, pathways and ranges. •

2.2.2.MSC.4: Differentiate manipulative movements (e.g., throwing, catching, dribbling)

• 2.2.2.MSC.8: Explain the difference between offense and defense.