

# Unit 4cbCooperative Learning Games

Content Area: **P.E. & Health**  
Course(s): **Phys. Ed. 1**  
Time Period: **Marking Period 4**  
Length: **MP4**  
Status: **Published**

## Essential Question

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How does communication and kindness help a team achieve their goals?

What are three physical activities outside of school?

## Big Ideas

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Teamwork consists of effective communication and respect among class and team members.

Exploring wellness components provide a foundational experience of physical movement activities.  
Resources that support physical activity are all around you.

## CSDT Technology Connection

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- 8.2.2.ITH.3: Identify how technology impacts or improves life.
- 8.2.2.ITH.4: Identify how various tools reduce work and improve daily tasks

## Enduring Understandings

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### 2.2 Physical Wellness

- 2.2.2.LF.1: Express one's feeling and emotions when involved in movement and physical activities to increase positive behaviors.
- 2.2.2.LF.4: Identify physical activities available outside of school that are in the community.
- 2.2.2.MSC.6: Execute appropriate behaviors and etiquette while participating in and viewing activities, games, sports, and other events to contribute to a safe environment.
- 2.2.2.MSC.7: Demonstrate kindness towards self and others during physical activity to create a safe and caring

environment.