# Mar. K Health Unit 7: Getting Sick

Content Area:

Health

Course(s): Time Period:

Length:

Status:

March 4-5 Weeks Published

#### **Unit Overview**

In this unit, students will learn about getting sick and getting well.

#### **Enduring Understandings**

Germs can make people sick, but there are ways and people who can help us get better.

#### **Essential Questions**

How do we avoid getting sick?

How can we get better if we are sick and who can help us?

### **Instructional Strategies & Learning Activities**

Review what it means to be healthy and why you want to be healthy.

Have students discover what germs are and how they make people sick.

Identify persons, places and things which help us to get well when we are sick.

How can we show our appreciation for those that help us get well?

## **Integration of Career Readiness, Life Literacies and Key Skills**

TECH.9.4.2.Cl.1 Demonstrate openness to new ideas and perspectives (e.g., 1.1.2.CR1a, 2.1.2.EH.1,

6.1.2.CivicsCM.2).

TECH.9.4.2.CI.2 Demonstrate originality and inventiveness in work (e.g., 1.3A.2CR1a).

TECH.9.4.2.CT Critical Thinking and Problem-solving

TECH.9.4.2.CT.3 Use a variety of types of thinking to solve problems (e.g., inductive, deductive).

Different types of jobs require different knowledge and skills.

Critical thinkers must first identify a problem then develop a plan to address it to

effectively solve the problem.

Brainstorming can create new, innovative ideas.

#### **Technology and Design Integration**

Students will interact with the unit using the Smartboard.

TECH.8.1.2 Educational Technology: All students will use digital tools to access, manage, evaluate, and

synthesize information in order to solve problems individually and collaborate and to

create and communicate knowledge.

#### **Interdisciplinary Connections**

LA.RL.K.10	Actively engage in group reading activities with purpose and understanding.
LA.RI.K.1	With prompting and support, ask and answer questions about key details in a text.
LA.RI.K.7	With prompting and support, describe the relationship between illustrations and the text in which they appear (e.g., what person, place, thing, or idea in the text an illustration depicts).
LA.RI.K.10	Actively engage in group reading activities with purpose and understanding.
LA.W.K.2	Use a combination of drawing, dictating, and writing to compose informative/explanatory texts in which they name what they are writing about and supply some information about the topic.
LA.SL.K.1	Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.
LA.SL.K.2	Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

#### Differentiation

- Understand that gifted students, just like all students, come to school to learn and be challenged.
- Pre-assess your students. Find out their areas of strength as well as those areas you may need to address before students move on.
- Consider grouping gifted students together for at least part of the school day.
- Plan for differentiation. Consider pre-assessments, extension activities, and compacting the curriculum.
- Use phrases like "You've shown you don't need more practice" or "You need more practice" instead of words like "qualify" or "eligible" when referring to extension work.
- Encourage high-ability students to take on challenges. Because they're often used to getting good grades, gifted students may be risk averse.

#### • Definitions of Differentiation Components:

- Content the specific information that is to be taught in the lesson/unit/course of instruction.
- Process how the student will acquire the content information.

o Lear	uct – how the student will demonstrate understanding of the content. ning Environment – the environment where learning is taking place including physical tion and/or student grouping
Differentia	tion occurring in this unit:
Students will be mo	onitored for the need for challenge or support.
	Accommodations  GEL SMALL SPED ACCOMMODATIONS  11 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	CEL SMALL SPED ACCOMMOCATIONS spreadsheet in this discipline.  Accommodations used in this unit:
IEP and 504 accom	modations will be utilized.
month) throughout	essments  sments are given periodically (e.g., at the end of every quarter or as frequently as once per a school year to establish baseline achievement data and measure progress toward a cademic standards and goals.
Schoolwide Bench	mark assessments:
Aimsweb benchman	rks 3X a year
Linkit Benchmarks	3X a year
DRA	
Additional Benchr	marks used in this unit:
Teacher led discuss	ion pre and post.

Assessment allows both instructor and student to monitor progress towards achieving learning objectives, and can be approached in a variety of ways. **Formative assessment** refers to tools that identify misconceptions, struggles, and learning gaps along the way and assess how to close those gaps. It includes effective tools for helping to shape learning, and can even bolster students' abilities to take ownership of their learning when they understand that the goal is to improve learning, not apply final marks (Trumbull and Lash, 2013). It can include students assessing themselves, peers, or even the instructor, through writing, quizzes, conversation, and more. In short, formative assessment occurs throughout a class or course, and seeks to improve student achievement of learning objectives through approaches that can support specific student needs (Theal and Franklin, 2010, p. 151).

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Formative Assessments used in this unit:
Discussion
Teacher observation
Summative Assessments
summative assessments evaluate student learning, knowledge, proficiency, or success at the conclusion of an instructional period, like a unit, course, or program. Summative assessments are almost always formally graded and often heavily weighted (though they do not need to be). Summative assessment can be used to great effect in conjunction and alignment with formative assessment, and instructors can consider a variety of ways to combine these approaches.
Summative assessments for this unit:
Worksheets
Instructional Materials
Resources from various in house program

http://kidshealth.org/ is a resource for curriculum materials related to these health topics.

# **Standards**

HPE.2.1.2	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.2.C.1	Summarize symptoms of common diseases and health conditions.
HPE.2.1.2.C.2	Summarize strategies to prevent the spread of common diseases and health conditions.
HPE.2.1.2.C.3	Determine how personal feelings can affect one's wellness.
HPE.2.1.2.C.CS1	Knowledge about diseases and disease prevention promotes health-enhancing behaviors.
HPE.2.3.2.A.CS1	Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.