

# Jan. K. Health Unit 5: The Family team

Content Area: **Health**  
Course(s):  
Time Period: **January**  
Length: **3-4 Weeks**  
Status: **Published**

## Unit Overview

---

Students will learn about the family.

## Enduring Understandings

---

the family is a team that works together to keep us safe and healthy.

## Essential Questions

---

What can my family do for me to keep me safe and healthy?

## Instructional Strategies & Learning Activities

---

Define the words family and team.

Compare the family to a team.

Review the process of growing in a family from a baby to an adult. (What things can you do by yourself now that you could not do as a baby?)

Discuss responsibilities they have in their family.

Describe family rules and jobs for each member and discuss what it means as a family to be part of a community.

## Integration of Career Readiness, Life Literacies and Key Skills

---

WRK.9.1.2.CAP

Career Awareness and Planning

TECH.9.4.2.CI

Creativity and Innovation

TECH.9.4.2.CI.1

Demonstrate openness to new ideas and perspectives (e.g., 1.1.2.CR1a, 2.1.2.EH.1,

TECH.9.4.2.CT	6.1.2.CivicsCM.2).
TECH.9.4.2.CT.3	Critical Thinking and Problem-solving
	Use a variety of types of thinking to solve problems (e.g., inductive, deductive).
	Brainstorming can create new, innovative ideas.
	Different types of jobs require different knowledge and skills.
	Critical thinkers must first identify a problem then develop a plan to address it to effectively solve the problem.

## Technology and Design Integration

---

Students will interact with the unit using the Smartboard.

## Interdisciplinary Connections

---

LA.RL.K.10	Actively engage in group reading activities with purpose and understanding.
LA.RI.K.1	With prompting and support, ask and answer questions about key details in a text.
LA.RI.K.7	With prompting and support, describe the relationship between illustrations and the text in which they appear (e.g., what person, place, thing, or idea in the text an illustration depicts).
LA.RI.K.10	Actively engage in group reading activities with purpose and understanding.
LA.W.K.2	Use a combination of drawing, dictating, and writing to compose informative/explanatory texts in which they name what they are writing about and supply some information about the topic.
LA.SL.K.1	Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.
LA.SL.K.2	Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

## Differentiation

---

- Understand that gifted students, just like all students, come to school to learn and be challenged.
- Pre-assess your students. Find out their areas of strength as well as those areas you may need to address before students move on.
- Consider grouping gifted students together for at least part of the school day.
- Plan for differentiation. Consider pre-assessments, extension activities, and compacting the curriculum.
- Use phrases like "You've shown you don't need more practice" or "You need more practice" instead of words like "qualify" or "eligible" when referring to extension work.
- Encourage high-ability students to take on challenges. Because they're often used to getting good grades, gifted students may be risk averse.
- **Definitions of Differentiation Components:**
  - Content – the specific information that is to be taught in the lesson/unit/course of instruction.

- Process – how the student will acquire the content information.
- Product – how the student will demonstrate understanding of the content.
- Learning Environment – the environment where learning is taking place including physical location and/or student grouping

**Differentiation occurring in this unit:**

Students will be monitored for the need for challenge or support.

---

**Modifications & Accommodations**

Refer to QSAC EXCEL SMALL SPED ACCOMMODATIONS spreadsheet in this discipline.

**Modifications and Accommodations used in this unit:**

IEP and 504 accommodations will be utilized.

---

**Benchmark Assessments**

**Benchmark Assessments** are given periodically (e.g., at the end of every quarter or as frequently as once per month) throughout a school year to establish baseline achievement data and measure progress toward a standard or set of academic standards and goals.

**Schoolwide Benchmark assessments:**

Aimsweb benchmarks 3X a year

Linkit Benchmarks 3X a year

DRA

**Additional Benchmarks used in this unit:**

Teacher led discussion pre and post.

---

**Formative Assessments**

Assessment allows both instructor and student to monitor progress towards achieving learning objectives, and

can be approached in a variety of ways. **Formative assessment** refers to tools that identify misconceptions, struggles, and learning gaps along the way and assess how to close those gaps. It includes effective tools for helping to shape learning, and can even bolster students' abilities to take ownership of their learning when they understand that the goal is to improve learning, not apply final marks (Trumbull and Lash, 2013). It can include students assessing themselves, peers, or even the instructor, through writing, quizzes, conversation, and more. In short, formative assessment occurs throughout a class or course, and seeks to improve student achievement of learning objectives through approaches that can support specific student needs (Theal and Franklin, 2010, p. 151).

**Formative Assessments used in this unit:**

Discussion

Teacher observation

## **Summative Assessments**

---

**summative assessments** evaluate student learning, knowledge, proficiency, or success at the conclusion of an instructional period, like a unit, course, or program. Summative assessments are almost always formally graded and often heavily weighted (though they do not need to be). Summative assessment can be used to great effect in conjunction and alignment with formative assessment, and instructors can consider a variety of ways to combine these approaches.

**Summative assessments for this unit:**

Worksheets

## **Instructional Materials**

---

Resources from various in house program

<http://kidshealth.org/> is a resource for curriculum materials related to these health topics.

## Standards

---

HE.K-2.2.1.2.SSH.1	Discuss how individuals make their own choices about how to express themselves.
HE.K-2.2.1.2.SSH.3	Describe different kinds of families locally, nationally and globally and note similarities in the ways in which they keep their children safe.
HE.K-2.2.1.2.SSH.4	Determine the factors that contribute to healthy relationships within a family.
HPE.2.4.2.A.1	Compare and contrast different kinds of families locally and globally.
HPE.2.4.2.A.2	Distinguish the roles and responsibilities of different family members.
HPE.2.4.2.A.3	Determine the factors that contribute to healthy relationships.
HPE.2.4.2.A.CS1	<p>The family unit encompasses the diversity of family forms in contemporary society.</p> <p>Families shape the way we think about our bodies, our health and our behaviors.</p> <p>Every individual has unique skills and qualities, which can include the activities they enjoy such as how they may dress, their mannerisms, things they like to do.</p>