Lions Way 6 Unit 1: Boosting Academic Skills and Motivation

Content Area: **Social Studies**
Course(s):
Time Period: **MP1**
Length: **10**
Status: **Published**

Targeted Standards

2.1.8.EH.2	Analyze how personal attributes, resiliency, and protective factors support mental and emotional health.
2.1.8.SSH.3	Demonstrate communication skills that will support healthy relationships.

Rationale & Transfer Goals

This unit will prepare students for the academic challenges they will face in middle and high school.

Enduring Understandings - What are the most essential conclusions that students should be guided towards throughout this unit?

Content Specific	Skills Specific
• A quality goal includes one's passions, creating a challenge, and being specific about the outcome. • Failure is an important component of the learning process.	• A growth mindset can help us persevere through academic challenges.

Essential Questions - What are the questions that will guide critical thinking about the content in this unit? Essential Questions should be thought starters toward the enduring understandings.

Content Specific	Skills Specific
• What are the components of a quality goal? • What role does failure play in learning?	• How can we develop a growth mindset? • What strategies help improve focus and organization to complete high-priority tasks? • How does procrastination affect your life, schoolwork, and well-being? • What are some effective study strategies?

Key Resources (Required)

This section houses the essential required resources for this unit.

School-Connect: Module 3

Supplementary Resources

This section houses additional approved resources for this unit.

Newsela: How to Set Goals
Northpass SEL - Dealing with Stress and Anxiety 5-8
Northpass SEL- Dealing with Your Feelings 5-8
Northpass SEL- Managing Anger 5-8
Northpass SEL- Mental Health and Wellness 5-8

Skills, Content, Activity, Assessment

Skills	Content	Activity	Assessment
These are the essential **skills** taught. Look to the verbiage of the **standards** for the essential skills in the unit. →	What **content** is used to teach the skill? →	What **activities** are used to teach this content/skill? →	How do we **assess** this content/skill? Include benchmarks, formative assessments, and pretests.
• Set FAB goals • Apply growth mindset to	• Goal setting • Growth mindset • Study skills/habits	• Module 3 School Connect	• journaling • conferencing • Set a FAB goal

academic settings • Describe strategies for perseverance • Create a time-management plan • Study and test-prep strategies	• time-management	○ 3.1 - Goal-Setting for School Success ○ 3.2 - Applying Growth Mindset ○ 3.3 - Bouncing Back from Setbacks ○ 3.4 - Optimizing In-class Learning ○ 3.5 - Managing Time and Priorities ○ 3.6 - Overcoming Procrastination ○ 3.7 - Maximizing Out-of-class Learning ○ 3.8 - Making the Most of Test Prep	• Create a time-management plan • 3.9 - Studying Strategies EXPO (PBL) • 3.10 - Module 3 Reflection & Assessment

Spiraling for Mastery

Content or Skill for this Unit	Spiral Focus from Previous Unit
• Effective Academic Skills	• Grade 5 Unit 2 Lion's Way: Communicating with adults, growth mindset

21st Century Skills - What are the 21st Century Skills that are a part of this unit?

9.4.8.CI.3	Examine challenges that may exist in the adoption of new ideas (e.g., 2.1.8.SSH, 6.1.8.CivicsPD.2).
9.4.8.TL.3	Select appropriate tools to organize and present information digitally.

Interdisciplinary Connections

RI.CI.6.2	Determine the central idea of an informational text and explain how it is supported by key details; provide a summary of the text distinct from personal opinions or judgments.
RI.IT.6.3	Analyze how a particular text's (e.g., article, brochure, technical manual, procedural text) structure unfolds by using textual evidence to describe how a key individual, event, or idea is introduced, illustrated, and elaborated in a text.
W.AW.6.1.A	Introduce claim(s) about a topic or issue and organize the reasons and evidence logically.
W.AW.6.1.B	Support claim(s) with logical reasoning and relevant, accurate data and evidence, that demonstrate an understanding of the topic or text, using credible sources.
W.SE.6.6	Gather relevant information from multiple print and digital sources; assess the credibility of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and providing basic bibliographic information for sources.