Lions Way 5 Unit 1 - Foundations

Content Area: **Social Studies**
Course(s):
Time Period: **MP1**
Length: **10**
Status: **Published**

Targeted Standards

9.4.5.CI.1	Use appropriate communication technologies to collaborate with individuals with diverse perspectives about a local and/or global climate change issue and deliberate about possible solutions (e.g., W.4.6, 3.MD.B.3,7.1.NM.IPERS.6).
9.4.5.CI.3	Participate in a brainstorming session with individuals with diverse perspectives to expand one's thinking about a topic of curiosity (e.g., 8.2.5.ED.2, 1.5.5.CR1a).
9.4.5.CT.1	Identify and gather relevant data that will aid in the problem-solving process (e.g., 2.1.5.EH.4, 4-ESS3-1, 6.3.5.CivicsPD.2).
2.1.5.EH.1	Discuss the impact of one's feelings and thoughts that lead to healthy and unhealthy behaviors.
2.1.5.EH.3	Identify different feelings and emotions that people may experience and how they might express these emotions (e.g., anger, fear, happiness, sadness, hopelessness, anxiety).

Rationale & Transfer Goals

This unit will set the foundation for the Lion's Way Curriculum through all 4 years of Middle School. Students will get to know one another, learn to find commonalities, and respect each other's differences through discussions, activities, journaling, and projects.

Enduring Understandings - What are the most essential conclusions that students should be guided towards throughout this unit?

Content Specific	Skills Specific
• Different parts of the brain control emotions, decision-making, learning, and biological functioning. • Students can use several skills and strategies to help them succeed in school. • Social contracts are important because they hold us accountable to each other.	• Collaboration with individuals with diverse experiences can aid in the problem-solving process. • Emotional intelligence is an important life skill. • A mindfulness practice can help students reduce stress.

Essential Questions - What are the questions that will guide critical thinking about the content in this unit? Essential Questions should be thought

starters toward the enduring understandings.

Content Specific	Skills Specific
• Who are my classmates and what do we have in common? • How do our brains control emotions and decision-making? • What motivates you to be successful? • What is a social contract and why should we create one?	• What skills and strategies help students succeed in school? • How can practicing mindfulness help reduce stress and regulate emotions? • Why is it important to recognize emotions in ourselves and others?

Key Resources (Required)

This section houses the essential required resources for this unit.

School-Connect: Module 1

Supplementary Resources

This section houses additional approved resources for this unit.

Northpass SEL - Dealing with Stress and Anxiety 5-8
Northpass SEL- Dealing with Your Feelings 5-8
Northpass SEL- Managing Anger 5-8
Northpass SEL- Mental Health and Wellness 5-8

Newsela: Learning Rewires the Brain

Newsela: Growth Mindset vs Fixed Mindset

Newsela: Why your mindset matters

Newsela: How to Become an Organized Student

Skills, Content, Activity, Assessment

Skills	Content	Activity	A
These are the essential **skills** taught. Look to the verbiage of the **standards** for the essential skills in the unit. →	What **content** is used to teach the skill? →	What **activities** are used to teach this content/skill? →	How do content benchm assessm

• Metacognition
• Interpersonal communication
• consensus
• collaboration
• Mindfulness
• Organization skills
• Intrapersonal skills
	• Contracts
	• Interpersonal/Intrapersonal
	• Brain-Based Learning
		• School Connect: Module 1
		  ○ Getting to Know you
		  ○ Appreciating the power of a name
		  ○ Introducing School Connect
		  ○ Understanding your Brain
		  ○ Growing and Improving
		  ○ Setting up for school success
		  ○ Checking in on ourselves and others
		  ○ Finding calm
		  ○ Agreeing on a Class Contract
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Spiraling for Mastery

Content or Skill for this Unit	Spiral Focus from Previous Unit
• Personal Wellness and Self Awareness Lessons	• Grade 4 Unit 1 Health: Personal Growth & Wellness

21st Century Skills - What are the 21st Century Skills that are a part of this unit?

9.4.5.CT.4	Apply critical thinking and problem-solving strategies to different types of problems such as personal, academic, community and global (e.g., 6.1.5.CivicsCM.3).
9.4.5.IML.7	Evaluate the degree to which information meets a need including social emotional learning, academic, and social (e.g., 2.2.5. PF.5).

Interdisciplinary Connections

RI.CR.5.1	Quote accurately from an informational text when explaining what the text says explicitly and make relevant connections when drawing inferences from the text.
RL.CI.5.2	Determine the theme of a literary text (e.g., stories, plays or poetry) and explain how it is supported by key details; summarize the text.
RL.IT.5.3	Analyze the impact of two or more individuals and events throughout the course of a text, comparing and contrasting two or more characters, settings, or events in a story or drama, drawing on specific textual evidence (e.g., how characters interact).
W.AW.5.1.A	Introduce a topic or text clearly, state an opinion, and create an organizational structure in which ideas are logically grouped to support the writer's purpose.
W.WR.5.5	Establish a central idea about a topic, investigation, issue or event and use several sources to support the proposed central idea.