

# Health & PE Template

Content Area: **Health & PE**  
Course(s):  
Time Period: **MP1**  
Length: **45**  
Status: **Published**

## **NJSLS Health & PE**

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### **Rationale and Transfer Goals**

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### **Enduring Understandings**

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### **Essential Questions**

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### **Content - What will students know?**

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### **Skills - What will students be able to do?**

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### **Activities - How we teach content and skills.**

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### **Assessments - How we know students have learned.**

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### **Spiraling for Mastery**

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Content or Skill for this Unit	Spiral Focus from Previous Unit	Instructional Activities

**Career Awareness, Exploration, Preparation, and Training**

**21st Century Skills**

**Interdisciplinary Connections**