

# Chapter 5: Defensive Driving

Content Area: **Physical Education and Health**  
Course(s):  
Time Period:  
Length: **10 Days**  
Status: **Published**

## **State Mandated Topics Addressed in this Unit**

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### **Unit Summary**

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The purpose of this unit is to understand defensive driving and why it is important to always be aware of what is going on around you as a driver.

### **Learning Objectives**

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- Artists will be able to describe safety precautions when driving during various weather and road conditions.
- Artists will be able to explain Highway Hypnosis and ways to avoid it.
- Artists will be able to explain how to prevent a crash.
- Artists will be able to explain safe following distances.
- Artists will be able to explain the procedure to take if they are involved in a car accident.
- Artists will be able to identify different risks of a vehicle and how it could cause vehicle failure.
- Artists will be able to identify when it is safe to pass and when it is not safe to pass.
- Explain how to avoid dangerous driving situations.
- Explain proper following distances and passing situations.

### **Essential Skills**

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- 3 second Rule
- Aggressive Driving, Road Rage, Distractions, Highway Hypnosis
- Car Accidents
- Dotted vs. Broken Passing lines
- Driver regulations
- Driving situations
- Night Driving
- Reduced Visibility
- Road Conditions

- Standard Accident Prevention Formula
- Vehicle Failure

## Standards

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HE.9-12.2.3.12.PS.1	Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media).
HE.9-12.2.3.12.PS.3	Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
HE.9-12.2.3.12.PS.4	Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.
HE.9-12.2.3.12.ATD.3	Explore the relationship between individuals who abuse alcohol, tobacco, and other drugs with an increase in intentional and unintentional health-risk behaviors.

## Enduring Understanding

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- The GDL process in NJ has many rules and regulations that teens need to know so that they can follow these laws.

## Instructional Tasks/Activities

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- Chapter 5 Worksheet
- Chapter Highlighting and Discussion
- Create Notecards on chapter material
- Distracted Driving Safety Quiz, Video, and class discussion
- Do nows and/or exit slips
- Exit Cards (answer to daily objective questions)
- Group Work- Create and act a scene
- Guided Notes with PowerPoint presentation
- Individual, small, and large group work
- Informational video clip
- Quizzes
- Reacting to Driving Problems Handout
- Review Activity
- Road Rage Rap/Poem
- Section Review Questions
- Test
- Youtube Video and Discussion- Distracted Driving
- Youtube Video and Discussion- Highway Hypnosis
- Youtube Video and Discussion- The 3 Second Rule

- Youtube Video- Christmas Vacation (Road Rage)

## **Assessment Procedure**

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Student progress will be measured by formative and summative assessments. Either formally or informally artists' progress will be assessed weekly in order to maximize student understanding of current and cumulative topics. This unit is sequenced to begin with the various types of licenses that can be obtained in NJ followed by the laws governing licenses in NJ. Lastly the intricacies of the GDL program are discussed.

- Classroom Participation
- Classwork
- DBQ
- Exit Ticket/Entrance Ticket/Do Now
- Flashcards and/or drill and practice
- Forced Choice Activities
- Inquiry based activities with reflective discussion
- Journal / Student Reflection
- Kahoot
- Peer Review
- Performance
- Problem Correction
- Quiz
- Teacher Collected Data
- Test
- Whole and small group discussions
- Worksheet

## **Recommended Technology Activities**

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- Appropriate Content Specific Online Resource
- Chromebook
- Copy/Paste Content Specific Link Here
- Gimkit
- GoGuardian
- Google Classroom
- Google Docs
- Google Forms
- Google Slides

- Kahoot
- MagicSchool AI
- Other- Specified in Lesson
- Projected Driver Ed Manual
- Quiziz
- Quizlet
- Screencastify
- Youtube Clip

## **Accommodations & Modifications & Differentiation**

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Accommodations and Modifications should be used to meet individual needs. Their IEP and 504 plans should be used in addition to the following suggestions.

## **Gifted and Talented**

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- Compare & Contrast
- Conferencing
- Debates
- Jigsaw
- Peer Partner Learning
- Problem Solving
- Structured Controversy
- Think, Pair, Share
- Tutorial Groups

## **Instruction/Materials**

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- alter format of materials (type/highlight, etc.)
- color code materials
- eliminate answers
- extended time
- extended time
- large print
- modified quiz
- modified test
- Modify Assignments as Needed
- Modify/Repeat/Model directions

- necessary assignments only
- other- named in lesson
- provide assistance and cues for transitions
- provide daily assignment list
- Provide guided notes
- read class materials orally
- reduce work load
- shorten assignments
- study guide/outline
- Tutoring available Monday-Thursday by appointment
- utilize multi-sensory modes to reinforce instruction

## **Environment**

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- alter physical room environment
- assign peer tutors/work buddies/note takers
- assign preferential seating
- individualized instruction/small group
- modify student schedule (Describe)
- other- please specify in plans
- provide desktop list/formula

## **Honors Modifications**

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## **Resources**

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- Acceleration/Deceleration Video
- How to Pass on a Two lane road (Youtube)
- Passing Rules (Howcast)
- Quizlet (<https://quizlet.com/user/Mlubrano/sets>)
- Railroad Crossing <https://www.youtube.com/watch?v=Xcl6ZavXpfk>
- Right of Way (Intersections)
- Speed Control <https://www.youtube.com/watch?v=rn3mRmmUCYU>
- Yielding Video

