

# Unit VI: Pregnancy and Childbirth

Content Area: **Physical Education and Health**

Course(s):

Time Period:

Length: **10 Days**

Status: **Published**

## State Mandated Topics Addressed in this Unit

<u>State Mandated Topics Addressed in this Unit</u>	
N/A	N/A

## Unit Summary

The purpose of this unit is to help artists develop a basic knowledge of pregnancy and childbirth as well as the financial responsibility for the first year of a baby's life.

## Learning Objectives

- Describe the stages/progression of childbirth.
- Explain the stages/progression of pregnancy.
- Identify the cost of a newborn.
- Recognize the financial responsibilities of pregnancy, childbirth, and the first year of life.

## Essential Skills

- Adolescent parents may have difficulty adjusting to emotional and financial responsibilities of parenthood.
- Health during pregnancy has lasting effects on a baby
- Knowing the physiological process of how pregnancy occurs as well as development of the fetus leading to childbirth contribute to a greater understanding of how and why a healthy environment should be provided for the pregnant mother.
- Raising a child has a huge financial responsibility
- There are many sacrifices that must be made when deciding to have a child

## Standards

HE.9-12.2.1.12.PP.3

Identify trusted adults, including family members, caregivers, school staff, and health care

	professionals to ask questions and discuss pregnancy and other health topics.
HE.9-12.2.1.12.PP.4	List the major milestones of each trimester of fetal development utilizing medically accurate information.
HE.9-12.2.1.12.PP.5	Analyze factors that can impact the health of a baby (e.g., fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, genetics).
HE.9-12.2.1.12.PP.6	Analyze personal and societal factors that can influence decisions about pregnancy options, including parenting, abortion, safe haven, and adoption.
HE.9-12.2.1.12.PP.7	Analyze the emotional, social, physical, and financial effects of being a teen or young adult parent.
HE.9-12.2.1.12.PP.8	Assess the skills needed to be an effective parent.
HE.9-12.2.1.12.PP.9	Evaluate parenting strategies used at various stages of child development based on reliable sources of information.
HE.9-12.2.1.12.CHSS.3	Explain the purpose of the Safe Haven Law and identify locations in your community.

## **Enduring Understanding**

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- What are some complications and/or problems a teenage parent could face?
- What are the complications associated with pregnancy?
- What are the different trimesters and how does the baby develop throughout each trimester?
- What are the signs of labor?
- What are the signs that a female is pregnant?
- What risk factors are related to teen pregnancy?

## **Instructional Tasks/Activities**

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- Constructed response
- Do nows and/or exit slips
- Exit Cards (answer to daily objective questions)
- Graphic organizers or models
- Guided discussion within small groups
- Guided practice
- Individual, small, and large group work
- Quizzes
- Review Activity
- Section Review Questions
- Tests

## **Recommended Technology Activities**

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- Appropriate Content Specific Online Resource
- Chromebook

- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Gimkit
- GoGuardian
- Google Classroom
- Google Docs
- Google Forms
- Google Slides
- Kahoot
- MagicSchool AI
- Other- Specified in Lesson
- Quiziz
- Screencastify

## **Accommodations & Modifications & Differentiation**

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Accommodations and Modifications should be used to meet individual needs. Their IEP and 504 plans should be used in addition to the following suggestions.

## **Gifted and Talented**

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- Compare & Contrast
- Conferencing
- Debates
- Jigsaw
- Peer Partner Learning
- Problem Solving
- Structured Controversy
- Think, Pair, Share
- Tutorial Groups

## **Instruction/Materials**

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- alter format of materials (type/highlight, etc.)
- color code materials
- eliminate answers
- extended time

- extended time
- large print
- modified quiz
- modified test
- Modify Assignments as Needed
- Modify/Repeat/Model directions
- necessary assignments only
- Other (specify in plans)
- other- named in lesson
- provide assistance and cues for transitions
- provide daily assignment list
- read class materials orally
- reduce work load
- shorten assignments
- study guide/outline
- utilize multi-sensory modes to reinforce instruction

## **Environment**

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- alter physical room environment
- assign peer tutors/work buddies/note takers
- assign preferential seating
- individualized instruction/small group
- modify student schedule (Describe)
- other- please specify in plans
- provide desktop list/formula

## **Assessment Procedure**

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Student progress will be measured by formative and summative assessments. Either formally or informally artists' progress will be assessed weekly in order to maximize student understanding of current and cumulative topics. This unit is sequenced to begin with artists studying the challenges associated with teenage parenthood. Then artists will learn the stages of pregnancy, what occurs during each trimester, and fetal development. Lastly artists will learn the possible problems and complications associated with pregnancy and birth.

- Classroom Total Participation Technique
- Classwork
- DBQ

- Essay
- Exit Ticket/Entrance Ticket/Do Now
- Flashcards and/or drill and practice
- Forced Choice Activities
- Group Projects
- Inquiry based activities with reflective discussion
- Journal / Student Reflection
- Kahoot
- Lecture with note taking or guided notes
- Other named in lesson
- Peer Review
- Performance
- PowerPoint presentations
- Problem Correction
- Project
- Quiz
- Rubric
- Teacher Collected Data
- Test
- Whole and small group discussions
- Worksheet

## **Honors Modifications**

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## **Resources**

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- American Pregnancy Association: <https://americanpregnancy.org/options-for-unplanned-pregnancy/pregnant-teen/>
- Teen Parent Links State of NJ: <https://www.nj.gov/njparentlink/services/special/teen/>