

Unit V: Abstinence/Contraceptives

Content Area: **Physical Education and Health**
Course(s):
Time Period:
Length: **10 Days**
Status: **Published**

State Mandated Topics Addressed in this Unit

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N/A	N/A

Unit Summary

The purpose of this unit is to introduce artists to various ways to prevent STIs and unwanted pregnancy. Artists will learn various types of contraception methods and how they are used. Key points that artists will be emphasized to learn will be proper use and efficiency of various contraceptive methods. Artists will be instructed on the pros and cons associated with various contraceptive devices and that the only 100% safe method is practicing abstinence.

Learning Objectives

- How does assessing side effects of various contraceptives affect the choices one makes for contraception?
- What skills are needed to abstain from engaging in sexual activity?

Essential Skills

- Describe the importance of shared responsibilities for avoiding sexual activity and preventing sexual risk behaviors.
- Describe the possible negatives of practicing abstinence.
- Explain the positives of practicing abstinence
- Identify their own moral goals/objectives
- Justify why abstinence from sex is the safest, most effective risk avoidance method of protection from STIs, including HIV, and unintended pregnancy.
- Recognize the risks/responsibility of sexual activity

Standards

HE.9-12.2.1.12.PP.1	Compare and contrast the advantages and disadvantages of contraceptive and disease prevention methods (e.g., abstinence, condoms, emergency contraception, dental dams).
HE.9-12.2.1.12.PP.3	Identify trusted adults, including family members, caregivers, school staff, and health care professionals to ask questions and discuss pregnancy and other health topics.
HE.9-12.2.1.12.SSH.6	Analyze the benefits of abstinence from sexual activity using reliable resources.
HE.9-12.2.1.12.SSH.7	Analyze factors that influence the choices, and effectiveness of safer sex methods and contraception, including risk-reduction and risk-elimination strategies.
HE.9-12.2.1.12.CHSS.4	Identify medically accurate sources of information and local services that provide contraceptive methods (including emergency contraception and condoms) and pregnancy options (including parenting, abortion, safe haven, adoption, and prenatal care).

Enduring Understanding

- Abstinence from sexual activity and high risk behaviors can prevent transmission of STI's.
- Artists will learn the benefits of practicing abstinence during their adolescence and young adulthood.
- Artists will learn the various methods of contraception and how they function.
- Develop a personal plan for reducing the risk of STI/HIV infection.

Instructional Tasks/Activities

- Constructed response
- Do nows and/or exit slips
- Exit Cards (answer to daily objective questions)
- Graphic organizers or models
- Guided discussion within small groups
- Guided practice
- Individual, small, and large group work
- Quizzes
- Review Activity
- Section Review Questions
- Tests

Recommended Technology Activities

- Appropriate Content Specific Online Resource
- Chromebook
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Gimkit

- GoGuardian
- Google Classroom
- Google Docs
- Google Forms
- Google Slides
- Kahoot
- MagicSchool AI
- Other- Specified in Lesson
- Quiziz
- Screencastify

Accommodations & Modifications & Differentiation

Accommodations and Modifications should be used to meet individual needs. Their IEP and 504 plans should be used in addition to the following suggestions.

Gifted and Talented

- Compare & Contrast
- Conferencing
- Debates
- Jigsaw
- Peer Partner Learning
- Problem Solving
- Structured Controversy
- Think, Pair, Share
- Tutorial Groups

Instruction/Materials

- alter format of materials (type/highlight, etc.)
- color code materials
- eliminate answers
- extended time
- extended time
- large print
- modified quiz
- modified test

- Modify Assignments as Needed
- Modify/Repeat/Model directions
- necessary assignments only
- Other (specify in plans)
- other- named in lesson
- provide assistance and cues for transitions
- provide daily assignment list
- read class materials orally
- reduce work load
- shorten assignments
- study guide/outline
- utilize multi-sensory modes to reinforce instruction

Environment

- alter physical room environment
- assign peer tutors/work buddies/note takers
- assign preferential seating
- individualized instruction/small group
- modify student schedule (Describe)
- other- please specify in plans
- provide desktop list/formula

Assessment Procedure

Student progress will be measured by formative and summative assessments. Either formally or informally artists' progress will be assessed weekly in order to maximize student understanding of current and cumulative topics. This unit is sequenced to begin with a discussion about abstinence and how that is the only 100% effective way to prevent both STD's and pregnancy. Next all other ways to help prevent STD's and pregnancy will be taught. Finally, artists will be asked to use this information to apply their knowledge of this topic to their own personal life choices and decisions.

- Classroom Total Participation Technique
- Classwork
- DBQ
- Essay
- Exit Ticket/Entrance Ticket/Do Now
- Flashcards and/or drill and practice
- Forced Choice Activities

- Group Projects
- Inquiry based activities with reflective discussion
- Journal / Student Reflection
- Kahoot
- Lecture with note taking or guided notes
- Other named in lesson
- Peer Review
- Performance
- PowerPoint presentations
- Problem Correction
- Project
- Quiz
- Rubric
- Teacher Collected Data
- Test
- Whole and small group discussions
- Worksheet

Honors Modifications

Resources

- Advocates for Youth: <https://www.advocatesforyouth.org/resources/fact-sheets/sex-education-programs-definitions-and-point-by-point-comparison/>