

# Unit 9: Motivation and Emotion

Content Area: **Template**  
Course(s):  
Time Period: **Marking Period 3**  
Length: **5 Classes**  
Status: **Published**

## State Mandated Topics Addressed in this Unit

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N/A	N/A

## Unit IX: Motivation and Emotion [SC9 & SC10]

- A. Biological Bases*
- B. Theories of Motivation*
- C. Hunger, Thirst, Sex, and Pain*
- D. Social Motives*
- E. Theories of Emotion*
- F. Stress*

## Learning Objectives

- Objective 1 - Define motivation and identify motivational theories.
- Objective 10: Describe the biological response to stress.
- Objective 11: Explain the psychology of addiction as it pertains to motivation.
- Objective 2 - Define and compare/contrast the physiological and psychological basis of motivation.
- Objective 3 - Describe the physiological determinants of hunger.
- Objective 4 - Discuss psychological and cultural influences on hunger.
- Objective 5 - Define achievement motivation, including intrinsic and extrinsic motivation.
- Objective 6 - Identify how social interactions can have an effect on motivation.
- Objective 7 - Identify the three theories of emotion (James-Lange, Cannon-Bard, Schachter-Singer).
- Objective 8 - Describe the physiological changes that occur during emotional arousal.
- Objective 9 - Discuss the catharsis hypothesis.

## Essential Skills

- Essential Skill 1 - Copy and paste
- Essential Skill 10 - Copy and paste

- Essential Skill 2 - Copy and paste
- Essential Skill 3 - Copy and paste
- Essential Skill 4 - Copy and paste
- Essential Skill 5 - Copy and paste
- Essential Skill 6 - Copy and paste
- Essential Skill 7 - Copy and paste
- Essential Skill 8 - Copy and paste
- Essential Skill 9 - Copy and paste

## Standards

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SOC.9-12.4	Learning
SOC.9-12.4.1	Introduction to Learning
SOC.9-12.4.D	Apply learning principles to explain emotional learning, taste aversion, superstitious behavior, and learned helplessness.
SOC.9-12.4.3	Operant Conditioning
SOC.9-12.4.I	Predict how practice, schedules of reinforcement, other aspects of reinforcement, and motivation will influence quality of learning.
SOC.9-12.7	Motivation, Emotion, and Personality
SOC.9-12.7.1	Theories of Motivation
SOC.9-12.7.A	Identify and apply basic motivational concepts to understand the behavior of humans and other animals.
SOC.9-12.7.A.3	Intrinsic versus extrinsic motivation
SOC.9-12.7.A.6	Achievement motivation
SOC.9-12.7.B	Compare and contrast motivational theories, including the strengths and weaknesses of each.
SOC.9-12.7.B.3	Evolutionary theory of motivation
SOC.9-12.7.C	Describe classic research findings in specific motivations.
SOC.9-12.7.C.1	Motivation system: eating
SOC.9-12.7.C.2	Motivation system: sex
SOC.9-12.7.C.3	Motivation system: social
SOC.9-12.7.D	Identify contributions of key researchers in the psychological field of motivation and emotion.
SOC.9-12.7.D.1	Contributions of William James, key researcher in the psychology of motivation and emotion
SOC.9-12.7.D.2	Contributions of Alfred Kinsey, key researcher in the psychology of motivation and emotion
SOC.9-12.7.D.3	Contributions of Abraham Maslow, key researcher in the psychology of motivation and emotion
SOC.9-12.7.D.4	Contributions of Stanley Schachter, key researcher in the psychology of motivation and emotion
SOC.9-12.7.D.5	Contributions of Hans Selye, key researcher in the psychology of motivation and emotion

SOC.9-12.7.2	Specific Topics in Motivation
SOC.9-12.7.E	Discuss the biological underpinnings of motivation, including needs, drives, and homeostasis.
SOC.9-12.7.3	Theories of Emotion
SOC.9-12.7.F	Compare and contrast major theories of emotion.
SOC.9-12.7.F.4	Evolutionary theories (primary emotions)
SOC.9-12.7.F.7	Paul Ekman's research on cross-cultural displays of emotion
SOC.9-12.7.G	Describe how cultural influences shape emotional expression, including variations in body language.
SOC.9-12.7.4	Stress and Coping
SOC.9-12.7.H	Discuss theories of stress and the effects of stress on psychological and physical well-being.
SOC.9-12.7.H.3	Lewin's motivational conflicts theory

## **Instructional Tasks/Activities**

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- Activity 1
- Activity 10
- Activity 2
- Activity 3
- Activity 4
- Activity 5
- Activity 6
- Activity 7
- Activity 8
- Activity 9

## **Assessment Procedure**

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- Classroom Total Participation Technique
- Classwork
- DBQ
- Essay
- Exit Ticket/Entrance Ticket/Do Now
- Journal / Student Reflection
- Kahoot
- Other named in lesson
- Peer Review
- Performance
- Problem Correction

- Project
- Quiz
- Rubric
- Teacher Collected Data
- Test
- Worksheet

## **Recommended Technology Activities**

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- Appropriate Content Specific Online Resource
- Chromebook
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Gimkit
- GoGuardian
- Google Classroom
- Google Docs
- Google Forms
- Google Slides
- Kahoot
- MagicSchool AI
- Other- Specified in Lesson
- Quiziz
- Screencastify

## **Accommodations & Modifications & Differentiation**

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Accommodations and Modifications should be used to meet individual needs. Their IEP and 504 plans should be used in addition to the following suggestions.

## **Gifted and Talented**

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- Compare & Contrast
- Conferencing
- Debates
- Jigsaw
- Peer Partner Learning

- Problem Solving
- Structured Controversy
- Think, Pair, Share
- Tutorial Groups

## **Instruction/Materials**

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- alter format of materials (type/highlight, etc.)
- color code materials
- eliminate answers
- extended time
- extended time
- large print
- modified quiz
- modified test
- Modify Assignments as Needed
- Modify/Repeat/Model directions
- necessary assignments only
- Other (specify in plans)
- other- named in lesson
- provide assistance and cues for transitions
- provide daily assignment list
- read class materials orally
- reduce work load
- shorten assignments
- study guide/outline
- utilize multi-sensory modes to reinforce instruction

## **Environment**

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- alter physical room environment
- assign peer tutors/work buddies/note takers
- assign preferential seating
- individualized instruction/small group
- modify student schedule (Describe)
- other- please specify in plans
- provide desktop list/formula

## **Honors Modifications**

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## Resources

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- Resource 1
- Resource 2
- Resource 3
- Resource 4
- Resource 5