

# Unit 1: Technique

Content Area: **Performing Arts**  
Course(s):  
Time Period: **Full Year**  
Length: **35 Weeks**  
Status: **Published**

## State Mandated Topics Addressed in this Unit

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N/A	N/A

## Technique

## Learning Objectives

- Students will continue to develop their understanding of the importance of technical skills and how they assist a dancer in the execution of movement.
- Students will begin to develop a deeper understanding of the connections between all the styles and techniques of dance being taught.
- Students will demonstrate proper skeletal alignment, strength, flexibility, agility, syncopation and rhythmic qualities while performing dance movements.
- Students will refine perceptual, physical, and technical skills.

## Standards

DA.9-12.1.1.12adv.Pr5a	Develop and implement healthful strategies for nutrition, injury prevention and psychological wellness related to dance activities and everyday life.
DA.9-12.1.1.12adv.Pr5b	Examine the muscular-skeletal system (e.g., attachments, origin, function) and manipulate kinesthetic principles to enhance technical execution of dance movements.
DA.9-12.1.1.12adv.Pr5c	Adjust oppositional pulls/tensions of the body while moving through vertical, off-center, and non-vertical alignment. Maintain optimal alignment preceding and following floor and air patterns. Modulate the placement and shifting of energy in the body.
DA.9-12.1.1.12adv.Pr5d	Analyze personal patterns of misalignment and develop prescribed conditioning practices and corrective exercises to enhance optimal alignment in performance.
DA.9-12.1.1.12adv.Pr5e	Articulate clarity of codified movement and intention through the execution of prescribed vocabulary and techniques within styles/genres.

## **Instructional Tasks/Activities**

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- Emphasize improvements in the principles of movement (e.g., strength, flexibility, alignment, syncopation) and movement memory.
- Provide numerous opportunities for students to practice in order to extend and refine dance techniques in given genres.
- Technique classes in Ballet, Jazz, and Tap.
- The students will participate in Master Classes in a variety of dance forms.
- The students will participate in sequential technique classes to continually develop technical and performance skills.
- The students will perform combinations and variations in a broad dynamic range.

## **Assessment Procedure**

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- Classroom Total Participation Technique
- Classwork
- DBQ
- Essay
- Exit Ticket/Entrance Ticket/Do Now
- Journal / Student Reflection
- Kahoot
- Other named in lesson
- Peer Review
- Performance
- Problem Correction
- Project
- Quiz
- Rubric
- Teacher Collected Data
- Test
- Worksheet

## **Recommended Technology Activities**

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- Appropriate Content Specific Online Resource
- Chromebook
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here
- Copy/Paste Content Specific Link Here

- Gimkit
- GoGuardian
- Google Classroom
- Google Docs
- Google Forms
- Google Slides
- Kahoot
- MagicSchool AI
- Other- Specified in Lesson
- Quiziz
- Screencastify

## **Accommodations & Modifications & Differentiation**

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Accommodations and Modifications should be used to meet individual needs. Their IEP and 504 plans should be used in addition to the following suggestions.

## **Gifted and Talented**

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- Compare & Contrast
- Conferencing
- Debates
- Jigsaw
- Peer Partner Learning
- Problem Solving
- Structured Controversy
- Think, Pair, Share
- Tutorial Groups

## **Instruction/Materials**

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- alter format of materials (type/highlight, etc.)
- color code materials
- eliminate answers
- extended time
- extended time
- large print
- modified quiz

- modified test
- Modify Assignments as Needed
- Modify/Repeat/Model directions
- necessary assignments only
- Other (specify in plans)
- other- named in lesson
- provide assistance and cues for transitions
- provide daily assignment list
- read class materials orally
- reduce work load
- shorten assignments
- study guide/outline
- utilize multi-sensory modes to reinforce instruction

## **Environment**

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- alter physical room environment
- assign peer tutors/work buddies/note takers
- assign preferential seating
- individualized instruction/small group
- modify student schedule (Describe)
- other- please specify in plans
- provide desktop list/formula

## **Honors Modifications**

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## **Resources**

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- Teachers' past and current training, experience and professionalism.