Unit 2: Disease (grade 5)

Content Area: **Physical Education**
Course(s): **Health and Physical Ed**
Time Period: **2nd Marking Period**
Length: **1 Weeks**
Status: **Published**

Unit Overview

Students will learn diseases that most effect our society and our adolenscents

Transfer

Students will be able to independently use their learning to...

understand and use disease prevention to live a healthy lifestyle.

For more information, read the following article by Grant Wiggins.

http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60

Meaning

Understandings

Students will understand that..

Students should be able to recognize disease detection

Students should understand disease prevention

Students should be able to make good decisions about their health to prevent disease

Essential Questions

Students will keep considering...

What they can do to live a a healthy lifestyle

Application of Knowledge and Skill

Students will know...

Students will know...

What facts and basic concepts should students know and be able to recall?

Students will be skilled at...

Students will be skilled at...

What discrete skills and processes should students be able to use?

Academic Vocabulary

disease

detection

prevention

mental illness

Learning Goal 1

students will understand the importance of disease prevention.

- students will understand the importance of disease prevention.

HPE.2.1.6.C.1	Summarize means of detecting and treating diseases and health conditions that are prevalent in adolescents.
HPE.2.1.6.C.2	Determine the impact of public health strategies in preventing diseases and health conditions.
HPE.2.1.6.C.CS1	The early detection and treatment of diseases and health conditions impact one's health.

Target 1

Students will be able to define diseases

Target 2

Students will be able to idenify preventitive measures used for certain diseases.

Target 3

Students will understand how early detection will impacts ones health

Learning Goal 2

Students will be able to compare and contrast mental illnesses.

- Students will be able to compare and contrast mental illnesses.

HPE.2.1.6.C.3	Compare and contrast common mental illnesses (such as depression, anxiety and panic disorders, and phobias) and ways to detect and treat them.

Summative Assessment

-worksheets

-teacher visual assessment

21st Century Life and Careers

WORK.5-8.9.2.8 A.2	Describe how personal beliefs and attitudes affect decision-making.
WORK.5-8.9.2.8 A.4	Recognize bias, vested interest, stereotyping, and the manipulation and misuse of information.
WORK.5-8.9.2.8 B.2	Demonstrate responsibility for personal actions and contributions to group activities.
WORK.5-8.9.2.8 B.3	Explain the need for, and advantages of, lifelong learning.

Formative Assessment and Performance Opportunities

-end of unit test

-visual observation

Differentiation/Enrichment

inclusion strategies

motivating activities

reteaching opportunities

Unit Resources

Health book

worksheets

videos