

# Unit 2: First Aid

Content Area: **Health**  
Course(s): **First Aid**  
Time Period: **1 marking period**  
Length: **3 weeks**  
Status: **Published**

## Unit Overview

---

In this unit students will relate to the nation's goals and objective to individual, family, and community health and appropriate first-aid procedures. Students will understand the importance of learning first aid.

## Transfer

---

Students will be able to independently use their learning to...

- Respond to emergency situations
- administer basic first aid to an injured person
- recognize the different types of injuries and how to care for them
- effectively respond to emergency situations

---

For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## Meaning

---

## Understandings

---

Students will understand that...

- Asses the injuries and take control of the situation.
- Recognize the different types of injuries.
- Understand the proper technique to move a victim from a critical situation.
- How to care for injuries and illness.

### **Essential Questions**

---

Students will keep considering...

- What are the advanced techniques in treating injuries?
- What are the laws on moving an injured person from a critical situation?
- What are the different signs and symptoms of injuries?

### **Application of Knowledge and Skill**

---

#### **Students will know...**

---

Students will know...

- how to compare and contrast different injuries
- techniques on how to move an injured victim in a critical situation
- provide care for minor injuries

## **Students will be skilled at...**

---

Students will be skilled at...

- providing basic first aid to injuries
- recognizing injuries that have similar symptoms
- moving an injured victim correctly

## **Academic Vocabulary**

---

- \* Wounds
- \* Closed Wounds
- \* Open Wounds
- \* Abrasions
- \* Lacerations
- \* Avulsions
- \* Punctures
- \* Burns
- \* Heat Burns
- \* Chemical Burns
- \* Electrical Burns
- \* Radiation Burns

## **Learning Goal 1**

---

Students will be able to acknowledge the different types of soft injuries that occur to children and adults of all ages.

- Students will be able to acknowledge the different types of soft injuries that occur to children and adults of all ages.

HPE.2.1.12.D.1

Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.

**Target 1**

---

Students will be able to identify and define soft wounds.

- Students will be able to identify and define soft wounds.

**Target 2**

---

Students will be able to recognize the symptoms of soft wounds.

- Students will be able to recognize the symptoms of soft wounds.

**Target 3**

---

Students will be able to recognize the symptoms of burns.

- Students will be able to recognize the symptoms of burns.

**Learning Goal 2**

---

Students will be able to acknowledge the different techniques in caring for injuries.

- Students will be able to acknowledge the different techniques in caring for injuries.

HPE.2.1.12.A.1

Analyze the role of personal responsibility in maintaining and enhancing personal, family, community, and global wellness.

HPE.2.1.12.D.1

Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.

HPE.2.1.12.D.CS1

Evaluating the potential for injury prior to engaging in unhealthy/risky behaviors impacts choices.

**Target 1**

---

Students will be able recognize the general steps in caring for soft wounds.

- 
- Students will be able recognize the general steps in caring for soft wounds.

## **Target 2**

---

Students will be able to recognize the general steps in caring for burns.

- Students will be able to recognize the general steps in caring for burns.

## **Learning Goal 3**

---

Students will be able to acknowledge the proper procedures to move a victim in a critical situation.

- Students will be able to acknowledge the proper procedures to move a victim in a critical situation.

HPE.2.1.12.D.1

Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.

HPE.2.1.12.D.CS1

Evaluating the potential for injury prior to engaging in unhealthy/risky behaviors impacts choices.

## **Target 1**

---

Students will be able to identify the proper technique on moving a victim safely.

- Students will be able to identify the proper technique on moving a victim safely.

## **Target 2**

---

Students will be able to recognize certain situations when to move an injured person.

- Students will be able to recognize certain situations when to move an injured person.

## **Summative Assessment**

---

\* Notebooks

\* Quizzes

- \* Tests
- \* Projects
- \* Benchmark

## **21st Century Life and Careers**

---

CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP2	Apply appropriate academic and technical skills.
CRP.K-12.CRP3	Attend to personal health and financial well-being.
CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP7	Employ valid and reliable research strategies.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.
CRP.K-12.CRP11	Use technology to enhance productivity.
CRP.K-12.CRP12	Work productively in teams while using cultural global competence.

## **Formative Assessment and Performance Opportunities**

---

- \* Teacher observation
- \* Class participation
- \* Discussions
- \* Homework
- \* Notebook

## **Differentiation/Enrichment**

---

- \* Modifications as per IEP/ 504 plans
- \* Google classroom resources (powerpoint, guided notes)
- \* Small group activities
- \* Reteaching opportunities in textbook

- \* Directed reading
- \* Inclusion strategies in textbook
- \* Motivating activities in textbook

## **Unit Resources**

---

American Red Cross- First Aid/ CPR/ AED textbook

Topic related videos

Laptops

Partner work

Mannequin work

Topic Related Worksheets