

# Unit 4: Pregnancy

Content Area: **Health**  
Course(s): **Family Living I**  
Time Period: **1 marking period**  
Length: **1.5 weeks**  
Status: **Published**

## Unit Overview

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This unit focuses on the study of pregnancy from conception through childbirth. The students will further understand how pregnancy affects the physical, emotional, and social areas of health.

## Transfer

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Students will be able to independently use their learning to...

- Understand the process of conception
- Identify the stages of birth
- Identify the signs of pregnancy

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For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## Meaning

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## Understandings

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Students will understand that...

- the signs of pregnancy
- the stages of birth
- the complications of birth
- affects of childbirth on adolescents

### **Essential Questions**

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Students will keep considering...

- What are the signs of pregnancy?
- What are the stages of childbirth?
- What are the complications of childbirth and their affects on infant and mother?

### **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

Recognize fetal development from conception through pregnancy and birth.

Analyze the harmful effects certain substances on the fetus, such as tobacco, alcohol, and other drugs.

## **Students will be skilled at...**

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Students will be skilled at...

- \* Identifying the different stages of childbirth.
- \* Identifying the early signs of pregnancy.
- \* Recognize the importance of being healthy during pregnancy.

## **Academic Vocabulary**

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- \* Fertilization
- \* Implantation
- \* Zygote
- \* Blastocyst
- \* Embryo
- \* Fetus
- \* Amniotic Sac
- \* Amniotic Fluid
- \* Umbilical Cord
- \* Placenta
- \* Trimesters
- \* Labor
- \* Prenatal Care
- \* Fetal Alcohol Syndrome
- \* Miscarriage
- \* Stillbirth
- \* Cesarean Birth
- \* Postpartum Depression

## Learning Goal 1

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Understand the physiology of pregnancy.

- Understand the physiology of pregnancy.

HPE.2.4.12.C.1                      Compare embryonic growth and fetal development in single and multiple pregnancies, including the incidence of complications and infant mortality.

HPE.2.4.12.C.CS1                      Pregnancy, childbirth, and parenthood are significant events that cause numerous changes in one's life and the lives of others.

## Target 1

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List the signs of pregnancy.

- List the signs of pregnancy.

## Target 2

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Identify the developments that occur in each trimester.

- Identify the developments that occur in each trimester.

## Learning Goal 2

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Students will be able to analyze the harmful effects certain substances have on the fetus.

- Students will be able to analyze the harmful effects certain substances have on the fetus.

HPE.2.4.12.C.1                      Compare embryonic growth and fetal development in single and multiple pregnancies, including the incidence of complications and infant mortality.

HPE.2.4.12.C.2                      Analyze the relationship of an individual's lifestyle choices during pregnancy and the incidence of fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, and other disabilities.

## Target 1

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Students will be able to identify the effects that alcohol has on the fetus.

- Students will be able to identify the effects that alcohol has on the fetus.

## Target 2

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Students will be able to identify the effects that drugs have on the fetus.

- Students will be able to identify the effects that drugs has on the fetus.

### **Target 3**

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Students will be able to differentiate between a miscarriage and stillbirth.

- Students will be able to differentiate between a miscarriage and stillbirth.

### **Summative Assessment**

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- \* Notebooks
- \* Quizzes
- \* Projects
- \* Benchmark

### **21st Century Life and Careers**

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CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP2	Apply appropriate academic and technical skills.
CRP.K-12.CRP3	Attend to personal health and financial well-being.
CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP7	Employ valid and reliable research strategies.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.
CRP.K-12.CRP11	Use technology to enhance productivity.
CRP.K-12.CRP12	Work productively in teams while using cultural global competence.

### **Formative Assessment and Performance Opportunities**

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- \* Teacher Observation
- \* Class Participation
- \* Discussions
- \* Homework
- \* Notebook

## **Differentiation/Enrichment**

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- \* Modifications as per IEP/ 504 plans
- \* Google classroom resources (powerpoint, guided notes)
- \* Small group activities
- \* Reteaching opportunities in textbook
- \* Directed reading
- \* Inclusion strategies in textbook
- \* Motivating activities in textbook

## **Unit Resources**

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Glencoe Health: Ninth Edition

Topic Related Videos

Laptops

Topic Related Worksheets