

# Unit: Basketball 11-12

Content Area: **Physical Education**  
Course(s): **Physical Education III, Physical Education IV**  
Time Period: **2nd Marking Period**  
Length: **3 weeks**  
Status: **Published**

## Unit Overview

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Basketball is a team sport that develops movement, team skills, and strategies that will help identify the importance of lifetime activity. Teamwork, cooperation, and good sportsmanship behaviors enhance game play resulting in more enjoyable and successful movement experiences for all. This unit will review previously learned fundamental skills while introducing more advanced strategies of basketball. Participating in a team sport will help promote one's overall well-being by improving their overall fitness level in the following fitness areas: cardiorespiratory endurance, muscular strength, muscular endurance, and flexibility.

## Transfer

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Students will be able to independently use their learning to...

- continue participating in team sports to benefit their physical, social, and mental well-being.
- demonstrate the importance of working together with other students to achieve a common goal.
- encourage them to participate in a team sport outside of the PE class and throughout their life time.

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For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## Meaning

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## **Understandings**

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Students will understand...

- how to compare and contrast offensive and defensive strategies with teammates during a game.
- how to demonstrate proper sportsmanship and cooperation during the game.
- safety issues associated with basketball.
- how to self-officiate their games practicing good sportsmanship.

## **Essential Questions**

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Students will keep considering...

- How can participating in basketball contribute to overall wellness?
- How can understanding movement concepts improve my skill performance?
- What does good sportsmanship and teamwork look like and how does it positively affect game play?

## **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

- the rules and scoring of the game.
- how to identify offensive and defensive strategies to be successful as a team.
- how to use offensive and defensive strategies together to be successful in the game of basketball.
- how to self-officiate and demonstrate proper sportsmanship during game play.

## **Students will be skilled at...**

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Students will be skilled at...

- the basic skills of basketball including dribbling, shooting, passing, and catching.
- understanding basic offensive and defensive concepts of basketball.
- defending the offensive player without contact in a controlled and safe manner.
- applying offensive skills such as cutting and rebounding during game play.
- applying the rules of the game into an officiating situation.

## **Academic Vocabulary**

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Dribble

Chest pass

Bounce pass

Jump stop

Pivot

Traveling

Foul

Set shot

Lay-up

Defender

Lane

Foul shot

Rebound

Double dribble

## **Learning Goal 1**

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Demonstrate the ability to apply individual skills into competitive situations in basketball.

- Demonstrate the ability to apply individual skills into competitive situations in basketball.

HPE.2.5.12.A.1 Explain and demonstrate ways to apply movement skills from one game, sport, dance, or recreational activity to another (e.g., striking skills from/to tennis, badminton, ping pong, racquetball).

HPE.2.5.12.B.1 Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.

HPE.2.5.12.B.2 Apply a variety of mental strategies to improve performance.

## **Target 1**

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Demonstrate proper form and technique that is acceptable to the teacher for dribbling, passing, and catching the basketball.

- Demonstrate proper form and technique that is acceptable to the teacher for dribbling, passing, and catching the basketball.

## **Target 2**

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Students will be able to organize their group into competitive games applying the skills previously taught.

- Students will be able to organize their group into competitive games applying the skills previously taught.

## **Target 3**

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Students will be able to organize their group into competitive shooting games applying the skills previously taught.

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## **Learning Goal 2**

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Apply a variety of mental strategies to improve individual and team performance in basketball.

- Apply a variety of mental strategies to improve individual and team performance in basketball.

HPE.2.5.12.B.1 Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.

HPE.2.5.12.B.2 Apply a variety of mental strategies to improve performance.

HPE.2.5.12.B.CS1 Individual and team execution in games, sports, and other activity situations is based on the interaction of tactical use of strategies, positive mental attitudes, competent skill levels, and teamwork.

HPE.2.5.12.C.1 Analyze the role, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance and behavior.

### **Target 1**

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Students will be able to explain and demonstrate the rules of basketball in competitive game situations.

- Students will be able to explain and demonstrate the rules of basketball in competitive game situations.

### **Learning Goal 3**

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In basketball, promote individual and group success while including good safety practices, etiquette, cooperation, and team work.

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HPE.2.5.12.C.2 Develop rule changes to existing games, sports, and activities that enhance safety and enjoyment.

HPE.2.5.12.C.3 Determine the current impact of globalization and technology on the development of, participation in, and viewing of games, sports, dance, and other movement activities, and predict future impact.

HPE.2.5.12.C.CS1 Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction.

### **Target 1**

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Students will be able to identify spatial awareness and use their body in a safe manner while around others.

- Students will be able to identify spatial awareness and use their body in a safe manner while around others.

### **Target 2**

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Students will be able to respect different levels of individual skill while participating in activity

- Students will be able to respect different levels of individual skill while participating in activity

### **Target 3**

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Students will be able to:

-assess personal and team behaviors for evidence of effective teamwork, effort, and sportmanship.

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### **Summative Assessment**

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\* Skill Performance

- > Teacher Observation
- > Skill Checklist

\* Participation Performance

- > Teacher Observation
- > Self and Peer assessments

\* Written Assessment

- > Open-ended questions

### **21st Century Life and Careers**

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CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP3	Attend to personal health and financial well-being.
CRP.K-12.CRP12	Work productively in teams while using cultural global competence.

### **Formative Assessment and Performance Opportunities**

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During drills and game play:

- Teacher observation
- Class participation
- Skill performance
- Self and peer assessments
- Open-ended questions

## **Differentiation/Enrichment**

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Each student is provided an opportunity to be successful through the use of monitoring, repetition, and practice.

## **Unit Resources**

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- \* Basketballs
- \* Scrimmage vest
- \* Cones
- \* Basketball basket/court