

# Floor Hockey III (8)

Content Area: **Physical Education**  
Course(s): **Physical Education**  
Time Period: **2nd Marking Period**  
Length: **3 Weeks**  
Status: **Published**

## Floor Hockey III Overview

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Floor Hockey is a great activity to build a student's muscular endurance and hand-eye coordination, as well as, their ability to cooperate with teammates to achieve a common goal. In this unit, students will learn the rules, essential movements skills, and offensive and defensive strategies in order to successfully compete in a game of Floor Hockey.

## Transfer

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Students will be able to independently use their learning to...

-participate successfully in a game of floor hockey and enjoy the physical, social, and mental benefits of the game to improve their overall health.

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For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## Meaning

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## Understandings

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Students will understand...

- safety issues associated with floor hockey
- offensive and defensive strategies
- proper sportsmanship and cooperation

## **Essential Questions**

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Students will keep considering...

- how concepts of force and motion affect the skill performance in a game situations.
- why practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
- there is a strong cultural, ethnic, and historical background associated with competitive sports.
- to what extent floor hockey improves skill-related fitness versus health-related fitness.

## **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

- safety concerns related to floor hockey
- offensive and defensive strategies
- sportsmanship rules while playing a competitive game.

## **Students will be skilled at...**

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Students will be skilled at...

- safety issues
- different volleyball plays
- offensive and defensive strategies

## **Academic Vocabulary**

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### **Learning Goal 1**

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Students will identify safety issues associated with a floor hockey game.

HPE.2.5.8.C.2	Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.
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### **Learning Goal 2**

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Students will compare and contrast offensive and defensive strategies with teammates during a game.

HPE.2.5.8.A.4	Detect, analyze, and correct errors and apply to refine movement skills.
HPE.2.5.8.B.1	Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.
HPE.2.5.8.B.2	Assess the effectiveness of specific mental strategies applied to improve performance.

### **Learning Goal 3**

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Students will demonstrate proper sportsmanship and cooperation during games.

HPE.2.5.8.C.1	Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.
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## **Summative Assessment**

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Students will be evaluated on their performance of the necessary skills and offensive and defensive strategies.

### **Formative Assessment and Performance Opportunities**

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Teacher will monitor students performing the necessary skills and provide feedback to the students.

### **Differentiation/Enrichment**

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Each student is provided an opportunity to be successful through the use of monitoring, equipment, and repetition.

### **Unit Resources**

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hockey sticks

hockey balls

hockey nets