

# Basketball III (8)

Content Area: **Physical Education**  
Course(s): **Physical Education**  
Time Period: **2nd Marking Period**  
Length: **6 Weeks**  
Status: **Published**

## Basketball III Overview

---

Basketball is a great activity to build a student's cardiorespiratory endurance, muscular strength and flexibility as well as their ability to cooperate with teammates to achieve a common goal. In this unit, students will be introduced to safety issues associated with basketball, use of offensive and defensive strategies and proper sportsmanship.

## Transfer

---

Students will be able to independently use their learning to...

- participate successfully in a game of Basketball and enjoy the physical, social and mental benefits of the game to improve their overall health

---

For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## Meaning

---

## Understandings

---

Students will understand...

- safety issues associated with basketball
- how to create different plays to execute during game situations
- the importance of compare and contrast between offensive and defensive strategies
- how to demonstrate proper sportsmanship

## **Essential Questions**

---

Students will keep considering...

- how concepts of force and motion affect the skill performance in a game situations.
- why practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
- there is a strong cultural, ethnic, and historical background associated with competitive sports.
- to what extent basketball improves skill-related fitness versus health-related fitness.

## **Application of Knowledge and Skill**

---

### **Students will know...**

---

Students will know...

- how to prevent safety issues
- create different plays to execute during game situations
- how to compare and contrast offensive and defensive strategies with teammates during game
- the importance of proper sportsmanship

## **Students will be skilled at...**

---

Students will be skilled at...

- identifying potential safety hazards
- creating plays that can be utilized during game situations
- creating offensive and defensive plays
- demonstrating sportsmanship

## **Academic Vocabulary**

---

### **Learning Goal 1**

---

Students will identify safety issues associated with basketball.

HPE.2.1.8.D.1

Assess the degree of risk in a variety of situations and identify strategies to reduce intentional and unintentional injuries to self and others.

HPE.2.1.8.D.2

Describe effective personal protection strategies used in public places and what to do when one's safety is compromised.

### **Target 1**

---

Students will identify common injuries that occur during a game of Basketball

### **Target 2**

---

Students will explain safety procedures that help to eliminate the risk of injury during a game of Baseball.

## **Learning Goal 2**

---

Students will compare and contrast offensive and defensive strategies with teammates during a game.

HPE.2.5.6.B.3	Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.B.2	Assess the effectiveness of specific mental strategies applied to improve performance.
HPE.2.5.8.C.2	Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

## **Target 1**

---

Offense:

Create plays

Incorporating plays in games

## **Learning Goal 3**

---

Students will demonstrate proper sportsmanship

HPE.2.2.8.C.1	Analyze strategies to enhance character development in individual, group, and team activities.
HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.C.1	Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.
HPE.2.5.8.C.2	Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

## **Target 1**

---

Student utilize communication and teamwork to work together to achieve a common goal.

## **Summative Assessment**

---

### **21st Century Life and Careers**

---

WORK.5-8.9.1.8.1	Collaboration and teamwork enable individuals or groups to achieve common goals with greater efficiency.
WORK.5-8.9.1.8.2	Leadership abilities develop over time through participation in groups and/or teams that are engaged in challenging or competitive activities.
WORK.5-8.9.1.8.A.1	Develop strategies to reinforce positive attitudes and productive behaviors that impact critical thinking and problem-solving skills.

### **Formative Assessment and Performance Opportunities**

---

Teacher will monitor students passing, shooting and catching form during a game of Basketball and provide feedback to the students

### **Differentiation/Enrichment**

---

Each student is provided an opportunity to be successful through the use of monitoring, equipment and repetition

### **Unit Resources**

---

Basketballs

Jerseys