

# Volleyball III (8)

Content Area: **Physical Education**  
Course(s): **Physical Education**  
Time Period: **2nd Marking Period**  
Length: **4 Weeks**  
Status: **Published**

## Volleyball III Overview

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Volleyball is a great activity to build a student's muscular endurance and hand-eye coordination, as well as, their ability to cooperate with teammates to achieve a common goal. In this unit, students will learn the rules, essential movements skills, and offensive and defensive strategies in order to successfully compete in a game of volleyball.

## Transfer

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Students will be able to independently use their learning to...

-participate successfully in a game of volleyball and enjoy the physical, social, and mental benefits of the game to improve their overall health.

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For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## Meaning

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## Understandings

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Students will understand...

- safety issues associated with volleyball
- different plays to execute during game situations
- offensive and defensive strategies
- proper sportsmanship and cooperation

## **Essential Questions**

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Students will keep considering...

- how concepts of force and motion affect the skill performance in a game situations.
- why practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
- there is a strong cultural, ethnic, and historical background associated with competitive sports.
- to what extent volleyball improves skill-related fitness versus health-related fitness.

## **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

- safety concerns related to volleyball
- different plays to execute during a volleyball game
- offensive and defensive strategies
- sportsmanship rules while playing a competitive game.

## **Students will be skilled at...**

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Students will be skilled at...

- safety issues
- different volleyball plays
- offensive and defensive strategies

## **Academic Vocabulary**

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### **Learning Goal 1**

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Students will identify safety issues associated with a volleyball game.

HPE.2.5.8.C.2

Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

### **Learning Goal 2**

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Students will create different plays to execute during game situations.

HPE.2.5.8.A.1

Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).

### **Target 1**

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Students will gain full understanding of the key skills needed to participate in a game.

### **Learning Goal 3**

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Students will compare and contrast offensive and defensive strategies with teammates during a game.

HPE.2.5.8.A.4	Detect, analyze, and correct errors and apply to refine movement skills.
HPE.2.5.8.B.1	Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.
HPE.2.5.8.B.2	Assess the effectiveness of specific mental strategies applied to improve performance.

### **Learning Goal 4**

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Students will demonstrate proper sportsmanship and cooperation during games.

HPE.2.5.8.C.1	Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.
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### **Summative Assessment**

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Students will be evaluated on their performance of the necessary skills, plays, and offensive and defensive strategies.

### **Formative Assessment and Performance Opportunities**

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Teacher will monitor students performing the necessary skills and provide feedback to the students.

### **Differentiation/Enrichment**

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Each student is provided an opportunity to be successful through the use of monitoring, equipment, and repetition.

### **Unit Resources**

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volleyballs

volleyball nets