

Football III (8)

Content Area: **Physical Education**
Course(s): **Physical Education**
Time Period: **1st Marking Period**
Length: **3 Weeks**
Status: **Published**

Unit Overview

Football is a great activity to build a student's cardiorespiratory endurance, muscular strength and flexibility as well as their ability to cooperate with teammates to achieve a common goal. In this unit, students will learn the rules and essential movement skills in order to successfully participate in a game of Football.

Transfer

Students will be able to independently use their learning to...

- participate successfully in a game of Football and enjoy the physical, social and mental benefits of the game to improve their overall health.

For more information, read the following article by Grant Wiggins.

http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60

Meaning

Understandings

Students will understand ...

- safety issues associated with football.
- different plays to execute during game situations.
- how to compare and contrast offensive and defensive strategies with teammates during a game.
- how to demonstrate proper sportsmanship and cooperation during games.

Essential Questions

Students will keep considering...

- how concepts of force and motion affect the skill performance in a game situations.
- why practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
- there is a strong cultural, ethnic, and historical background associated with competitive sports.
- to what extent football improve skill-related fitness versus health-related fitness.

Application of Knowledge and Skill

Students will know...

Students will know...

- safety issues associated with football.
- different plays to execute during game situations.
- how to compare and contrast offensive and defensive strategies with teammates during a game.
- how to demonstrate proper sportsmanship and cooperation during games.

Students will be skilled at...

Students will be skilled at...

- Throwing a football
- Catching a football
- Working with teammates to achieve a common goal
- Identifying and following the rules of football.

Academic Vocabulary

Learning Goal 1

Students will identify safety issues associated with football

HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.A.2	Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.

Target 1

Students will be able to

identify spatial awareness

Learning Goal 2

Students will create different plays to execute during game situations.

HPE.2.5.6.B.3	Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.A.2	Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.
HPE.2.5.8.B.1	Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.

Target 1

Students will discuss:

- pass patterns
- blocking assignments
- cadence

Learning Goal 3

Students will demonstrate proper sportsmanship and cooperation during games.

HPE.2.5.8.C.1	Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.
HPE.2.5.8.C.2	Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

Target 1

Students will identify and demonstrate the following sportsmanship and cooperation strategies:

Follow the rules of the game

Do not use foul language or negative comments

No taunting

Provide positive feedback and encouragement to teammates and opponents

Get everyone involved

Summative Assessment

Throwing Mechanics Checklist

21st Century Life and Careers

WORK.5-8.9.1.8.1	Collaboration and teamwork enable individuals or groups to achieve common goals with greater efficiency.
WORK.5-8.9.1.8.1	Effective communication skills convey intended meaning to others and assist in preventing misunderstandings.
WORK.5-8.9.1.8.2	Leadership abilities develop over time through participation in groups and/or teams that are engaged in challenging or competitive activities.
WORK.5-8.9.1.8.A	Critical Thinking & Problem Solving
WORK.5-8.9.1.8.A.1	Develop strategies to reinforce positive attitudes and productive behaviors that impact critical thinking and problem-solving skills.

Formative Assessment and Performance Opportunities

Teacher will monitor students throwing and catching form, during a game of football and provide feedback to

the students.

Differentiation/Enrichment

Each student is provided an opportunity to be successful through the use of monitoring, repetition/practice.

Unit Resources

Footballs

Jerseys

Cones

Stopwatch