

Floor Hockey II (7)

Content Area: **Physical Education**
Course(s): **Physical Education**
Time Period: **2nd Marking Period**
Length: **3 Weeks**
Status: **Published**

Floor Hockey II Overview

Floor Hockey II is a great activity to build a student's cardiorespiratory endurance, muscular strength and flexibility as well as their ability to cooperate with teammates to achieve a common goal. In this unit, students will learn the rules and essential movement skills in order to successfully participate in a game of Floor Hockey.

Transfer

Students will be able to independently use their learning to...

- participate successfully in a game of Floor Hockey and enjoy the physical, social and mental benefits of the game to improve their overall health

For more information, read the following article by Grant Wiggins.

http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60

Meaning

Understandings

Students will understand...

- how to pass and receive a ball with a hockey stick, using the correct form in a game setting.
- peer evaluate their classmates on skill performance.
- explain the difference between man-to-man and zone defense.
- how to cooperate with teammates to achieve a common goal.

Essential Questions

Students will keep considering...

- how concepts of force and motion affect the skill performance in a game situations.
- why practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
- there is a strong cultural, ethnic, and historical background associated with competitive sports.
- to what extent floor hockey improves skill-related fitness versus health-related fitness.

Application of Knowledge and Skill

Students will know...

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- the proper mechanics of passing and receiving a ball with a hockey stick .
- how to evaluate peers on their performance
- the difference between man-to-man and zone defenses.
- sportsmanship rules while playing a competitive game.

Students will be skilled at...

Students will be skilled at...

- passing and receiving
- working with teammates to achieve a common goal
- man-to-man and zone defenses

Academic Vocabulary

Learning Goal 3

Students will explain the difference between man-to-man and zone defenses.

HPE.2.5.8.B.1

Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.

Learning Goal 4

Students will demonstrate proper sportsmanship and cooperation during games.

HPE.2.5.8.C.1

Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.

Summative Assessment

Students will be evaluated on their performance of the necessary skills and offensive and defensive strategies.

21st Century Life and Careers

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| WORK.5-8.9.1.8.1 | The ability to recognize a problem and apply critical thinking and problem-solving skills to solve the problem is a lifelong skill that develops over time. |
| WORK.5-8.9.1.8.1 | Collaboration and teamwork enable individuals or groups to achieve common goals with greater efficiency. |
| WORK.5-8.9.1.8.C.1 | Determine an individual's responsibility for personal actions and contributions to group activities. |
| WORK.5-8.9.1.8.D.3 | Use effective communication skills in face-to-face and online interactions with peers and adults from home and from diverse cultures. |
| WORK.5-8.9.1.8.F.1 | Demonstrate how productivity and accountability contribute to realizing individual or group work goals within or outside the classroom. |

Formative Assessment and Performance Opportunities

Teacher will monitor the students' throwing and catching skills during a game of ultimate and provide feedback to the students.

Differentiation/Enrichment

Each student is provided and opportunity to be successful through the use of monitoring, equipment, and repetition.

Unit Resources

hockey sticks

hockey balls

hockey nets