

# Basketball II (7)

Content Area: **Physical Education**  
Course(s): **Physical Education**  
Time Period: **2nd Marking Period**  
Length: **6 Weeks**  
Status: **Published**

## **Basketball II Overview**

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Basketball is a great activity to build a student's cardiorespiratory endurance, muscular strength and flexibility as well as their ability to cooperate with teammates to achieve a common goal. In this unit, students will be introduced to passing, shooting and dribbling in a game situation as well as using different defensive strategies.

## **Transfer**

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Students will be able to independently use their learning to...

- participate successfully in a game of Basketball and enjoy the physical, social and mental benefits of the game to improve their overall health

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For more information, read the following article by Grant Wiggins.

[http://www.authenticeducation.org/ae\\_bigideas/article.lasso?artid=60](http://www.authenticeducation.org/ae_bigideas/article.lasso?artid=60)

## **Meaning**

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## **Understandings**

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Students will understand...

- how to pass and catch a basketball, using the correct form, in a game situation
- how to peer evaluate classmates on skill performance.
- how to set a screen for a teammate during a game.
- how to explain the difference between man to man and zone defenses
- how to demonstrate proper sportsmanship and cooperation during games.

## **Essential Questions**

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Students will keep considering...

- how concepts of force and motion affect the skill performance in a game situations.
- why practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
- there is a strong cultural, ethnic, and historical background associated with competitive sports.
- to what extent basketball improves skill-related fitness versus health-related fitness.

## **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

- how to pass and catch a basketball during a game
- how to peer evaluate
- the proper mechanics of executing a screen.
- the importance of using proper defensive strategies.

## **Students will be skilled at...**

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Students will be skilled at...

- passing and catching
- peer evaluating
- setting a screen
- zone and man to man defense
- sportsmanship

## **Academic Vocabulary**

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### **Learning Goal 1**

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Students will pass and catch the basketball in game situation.

- Students will pass and catch the basketball in game situation.

HPE.2.5.6.B.3	Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.A.2	Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.
HPE.2.5.8.A.3	Create, explain, and demonstrate, as a small group, a planned movement sequence that includes changes in rhythm, tempo, and musical style (creative, cultural, social, and fitness dance).
HPE.2.5.8.B.1	Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.
HPE.2.5.8.B.2	Assess the effectiveness of specific mental strategies applied to improve performance.
HPE.2.5.8.C.1	Assess player behavior for evidence of sportsmanship in individual, small-group, and team

activities.

## **Target 1**

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Students will use proper form when passing and catching during a game.

## **Target 2**

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Passing:

Athletic Stance

Hand placement

Left/Right foot facing intended target

Understanding angles for intended travel of chest pass and bounce pass

Catching:

Hands up palms away from face

Eyes on the ball

Watch the ball into your hands

Give with the ball

## **Learning Goal 2**

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Students will explain the difference between man to man and zone defense.

- Students will explain the difference between man to man and zone defense.

HPE.2.5.6.B.3	Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.A.2	Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.
HPE.2.5.8.A.3	Create, explain, and demonstrate, as a small group, a planned movement sequence that includes changes in rhythm, tempo, and musical style (creative, cultural, social, and fitness dance).

HPE.2.5.8.B.2

Assess the effectiveness of specific mental strategies applied to improve performance.

HPE.2.5.8.C.2

Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

## **Target 1**

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Man to Man:

Athletic stance

Identify opponent

Keep the ball between you and your opponent

## **Target 2**

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Zone Defense:

Athletic Stance

Identify area of court the student is responsible for moving in sequence with teammates.

## **Learning Goal 3**

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Students will demonstrate proper sportsmanship

- Students will demonstrate proper sportsmanship

HPE.2.2.8.C.1

Analyze strategies to enhance character development in individual, group, and team activities.

HPE.2.5.8.A.1

Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).

HPE.2.5.8.C.1

Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.

HPE.2.5.8.C.2

Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

## **Target 1**

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Student utilize communication and teamwork to work together to achieve a common goal.

## **Summative Assessment**

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## **21st Century Life and Careers**

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WORK.5-8.9.1.8.1	Collaboration and teamwork enable individuals or groups to achieve common goals with greater efficiency.
WORK.5-8.9.1.8.2	Leadership abilities develop over time through participation in groups and/or teams that are engaged in challenging or competitive activities.
WORK.5-8.9.1.8.A.1	Develop strategies to reinforce positive attitudes and productive behaviors that impact critical thinking and problem-solving skills.

## **Formative Assessment and Performance Opportunities**

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Teacher will monitor students passing, shooting and catching form during a game of Basketball and provide feedback to the students

## **Differentiation/Enrichment**

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Each student is provided an opportunity to be successful through the use of monitoring, equipment and repetition

## **Unit Resources**

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Basketballs

Jerseys

