Unit 3:   Manipulative Skills

Content Area: **Physical Education**
Course(s):   **Health and Physical Ed**
Time Period: **8 weeks**
Length: **8 Weeks**
Status: **Published**

Unit Overview

A manipulative skill is one in which a child handles an object with the hands, feet, or other body parts. Manipulative skills are basic to the development of sport skills; throwing, catching, bouncing, rolling, kicking, and striking(with and without an object).

Transfer

Students should understand how learning manipulative skills correlate with everyday life. Ask students why it is important to learn how to throw or catch, help explain to them the importance of these skills.

Meaning

Understandings

Students will know the mechanically efficient patterns of the manipulative skills.

Essential Questions

How do manipulative skills help your overall coordination?

How can good sportsmanship create a safe environment?

Application of Knowledge and Skill

Students will know...
Students will know the mechanically efficient patterns of each manipulative skill.

Students will be skilled at...
Demonstrating manipulative skills (kicking, throwing/catching, striking, bouncing) with increased mastery during skill practice, games, and other physical activities.

Academic Vocabulary

Learning Goal 1
Demonstrate competency in manipulative skills and movement patterns needed to perform a variety of physical activities.

HPE.2.5.2.A.1	Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.2.A.4	Correct movement errors in response to feedback.

Target 1
TLW: Demonstrate various movement and manipulative skills (kicking, throwing/catching, striking) with developmentally appropriate control during skill practice.

Target 2
TLW: Explain and demonstrate how objects (ball, beanbags, hula- hoops) should be used in practice, games,

and other physical activity in a safe manner.

Learning Goal 2

Participate regularly in physical activities involving manipulatives for the purpose of improving skills and health.

HPE.2.5.2.A.4	Correct movement errors in response to feedback.
HPE.2.6.2.A.1	Explain the role of regular physical activity in relation to personal health.
HPE.2.6.2.A.2	Explain what it means to be physically fit and engage in moderate to vigorous age-appropriate activities that promote fitness.

Target 1

TLW: Participate in a variety of games that increase breathing and heart rate.

Target 2

Summative Assessment

Self assessment

Paper/Pencil assessment

21st Century Life and Careers

 All students will demonstrate the creative, critical thinking, collaboration, and problem solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures

WORK.K-4.9.1.4.1	The ability to recognize a problem and apply critical thinking and problem-solving skills to solve the problem is a lifelong skill that develops over time.

WORK.K-4.9.1.4.1	Brainstorming activities enhance creative and innovative thinking in individual and group goal setting and problem solving.
WORK.K-4.9.1.4.A.1	Recognize a problem and brainstorm ways to solve the problem individually or collaboratively.
WORK.K-4.9.1.4.A.2	Evaluate available resources that can assist in solving problems.
WORK.K-4.9.1.4.A.3	Determine when the use of technology is appropriate to solve problems.
WORK.K-4.9.1.4.A.5	Apply critical thinking and problem-solving skills in classroom and family settings.
WORK.K-4.9.1.4.B.1	Participate in brainstorming sessions to seek information, ideas, and strategies that foster creative thinking.
WORK.K-4.9.1.4.C	Collaboration, Teamwork and Leadership

Formative Assessment and Performance Opportunities

Peer assessment

Teacher monitoring

Differentiation/Enrichment

Each student is provided an opportunity to be successful through the use of equipment and repitition.

Unit Resources

cones

hoops

polyspots

various size/weighted balls

various pieces of objects used to throw/catch, kick