# Unit: 12 The Art of Baking 

Content Area: Family and Consumer Science
Course(s): Single Survival
Time Period: 4 weeks
Length:
Status:
Weeks
Published

## Unit Overview

Students will be able to understand how baked products are affected by ingredients, equipment, and techniques.

## Transfer

Students will be able to independently use their learning to:
-Produce baked products using the correct ingredients, equipment and techniques.

## Meaning

## Understandings

Students will understand:
-Baking ingredients and their function.
-Appropriate equipment for baking
-Safe, accurate procedures for preparing baked products.
-Characteristics of quick breads.
-Characteristics of yeast breads.

## Essential Questions

Students will keep considering:
-How to prepare baked products safely and accurately.

## Application of Knowledge and Skill

## Students will know...

Students will know:
-What baking ingredients are used and their function.
-How to choose appropriate equipment for baking
-How to follow safe, accurate procedures for preparing baked products.
-The difference between quick breads and yeast breads
-Proper preparation techniques in producing quick and yeast breads.

## Students will be skilled at...

Students will be skilled at:
-Choosing baking ingredients and their function.
-Choosing appropriate equipment for baking
-Following safe, accurate procedures for preparing baked products.
-Knowing the difference between quick breads and yeast breads
-Properly preparing quick and yeast breads.

## Academic Vocabulary

## Baking Basics

Active Dry Yeast
Bleaches Flour
Brown Sugar
Compressed Yeast
Confectioner's Sugar
Gluten
Granulated Sugar
Hot Spot
Leavening Agent
Preheat
Proofing
Quick-rising Yeast
Self-rising Flour
Unbleached Flour

## Quick and Yeast Breads

Biscuit Method
Conventional Method
Cut in
Drop Biscuits
Fermentation

Knead
Muffin Method
Quick Breads
Quick-mix Method

## Rolled Biscuits

Score
Yeast Breads

## Learning Goal 1

Students will demonstrate knowledge of baking ingredients and techniques.

- Students will demonstrate knowledge of baking ingredients and techniques.

CRP.K-12.CRP1 Act as a responsible and contributing citizen and employee.

CRP.K-12.CRP2
CRP.K-12.CRP4
CRP.K-12.CRP7
CRP.K-12.CRP8
CRP.K-12.CRP11
CRP.K-12.CRP12
FAM.9-12.8.5.1
FAM.9-12.8.5.2

FAM.9-12.8.5.3

FAM.9-12.8.5.4

FAM.9-12.8.5.10

HOSP.9-12.9.4.12.I.(1). 1

HOSP.9-12.9.4.12.I.(1). 3

HOSP.9-12.9.4.12.I.(1). 8

Apply appropriate academic and technical skills.
Communicate clearly and effectively and with reason.
Employ valid and reliable research strategies.
Utilize critical thinking to make sense of problems and persevere in solving them.
Use technology to enhance productivity.
Work productively in teams while using cultural global competence.
Demonstrate professional skills in safe handling of knives, tools, and equipment.
Demonstrate professional skill for a variety of cooking methods including roasting, broiling, smoking, grilling, sautéing, pan frying, deep frying, braising, stewing, poaching, steaming, and baking using professional equipment and current technologies.

Utilize weights and measurement tools to demonstrate knowledge of portion control and proper scaling and measurement techniques.

Apply the fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of variety of foods.

Prepare breads, baked goods and desserts using safe handling and professional preparation techniques.

Use basic reading, writing, and mathematical skills to provide food production and services to ensure a positive guest/customer experience.
Demonstrate listening, writing, and speaking skills to enhance guest/customer satisfaction.
Demonstrate knowledge of safety and sanitation procedures used in this industry and apply these procedures to maintain safe environments.

Use correct grammar, punctuation, and terminology to write and edit documents.
HOSP.9-12.9.4.12.I. 17
Listen to and speak with diverse individuals to enhance communication skills.
TECH.K-12.1.1
Empowered Learner
TECH.K-12.1.2
Digital Citizen
TECH.K-12.1.3
TECH.K-12.1.4
Knowledge Constructor
Innovative Designer
TECH.K-12.1.5
Computational Thinker
TECH.K-12.1.6
Creative Communicator
TECH.K-12.1.7
Global Collaborator

## Target 1

Identify baking ingredients and their function.

- Identify baking ingredients and their function.


## Target 2

Select appropriate equipment for baking.

- Select appropriate equipment for baking.


## Target 3

Demonstrate safe, accurate procedures for preparing baked products.

- Demonstrate safe, accurate procedures for preparing baked products.


## Learning Goal 2

Students will demonstrate knowledge of ingredients, preparation, and evaluation of quick and yeast breads.

- Students will demonstrate knowledge of ingredients, preparation, and evaluation of quick and yeast breads.

| CRP.K-12.CRP1 | Act as a responsible and contributing citizen and employee. |
| :--- | :--- |
| CRP.K-12.CRP2 | Apply appropriate academic and technical skills. |
| CRP.K-12.CRP4 | Communicate clearly and effectively and with reason. |
| CRP.K-12.CRP7 | Employ valid and reliable research strategies. |
| CRP.K-12.CRP12 | Work productively in teams while using cultural global competence. |
| FAM.9-12.8.2.7 | Demonstrate safe food handling and preparation techniques that prevent cross <br> contamination from potentially hazardous foods, between raw and ready-to-eat foods, <br> and between animal and fish sources and other food products. |

FAM.9-12.8.5.1
FAM.9-12.8.5.2

FAM.9-12.8.5.3

FAM.9-12.8.5.4

FAM.9-12.8.5.10

FAM.9-12.9.2
HOSP.9-12.9.4.12.I.(1). 1

HOSP.9-12.9.4.12.I.(1). 3

HOSP.9-12.9.4.12.I.(1). 8

HOSP.9-12.9.4.12.I. 12
HOSP.9-12.9.4.12.I. 17
TECH.K-12.1.1
TECH.K-12.1.2
TECH.K-12.1.3
TECH.K-12.1.4
TECH.K-12.1.5
TECH.K-12.1.6
TECH.K-12.1.7

Demonstrate professional skills in safe handling of knives, tools, and equipment.
Demonstrate professional skill for a variety of cooking methods including roasting, broiling, smoking, grilling, sautéing, pan frying, deep frying, braising, stewing, poaching, steaming, and baking using professional equipment and current technologies.

Utilize weights and measurement tools to demonstrate knowledge of portion control and proper scaling and measurement techniques.

Apply the fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of variety of foods.

Prepare breads, baked goods and desserts using safe handling and professional preparation techniques.
Apply risk management procedures to food safety, food testing, and sanitation.
Use basic reading, writing, and mathematical skills to provide food production and services to ensure a positive guest/customer experience.
Demonstrate listening, writing, and speaking skills to enhance guest/customer satisfaction.
Demonstrate knowledge of safety and sanitation procedures used in this industry and apply these procedures to maintain safe environments.

Use correct grammar, punctuation, and terminology to write and edit documents.
Listen to and speak with diverse individuals to enhance communication skills.
Empowered Learner
Digital Citizen
Knowledge Constructor
Innovative Designer
Computational Thinker
Creative Communicator
Global Collaborator

## Target 1

Identify ingredients, characteristics, and preparation methods for quick breads.

- Identify ingredients, characteristics, and preparation methods for quick breads.


## Target 2

Identify ingredients, characteristics, and preparation methods for yeast breads.

- Identify ingredients, characteristics, and preparation methods for yeast breads.


## Target 3

Prepare examples of quick and yeast breads.

- Prepare examples of quick and yeast breads.


## Proficiency Scale

## Summative Assessment

Presentations
Portfolios
Production assignments
Projects
Unit Test

## Formative Assessment and Performance Opportunities

Chapter review questions
Class Discussion
Class participation
Computer simulation activities
Exit Tickets
Homework
Internet activities
Section review questions
Self-Assessment
Teacher Directed Q\&A
Teacher Observation of computer use
Workbook activities

- Review measuring techniques.
- Provide measurement conversion cards.
- Pair students for baking activities


## Unit Resources

## Textbooks and Workbooks

Food for Today - textbook
Food for Today - student workbook
Food for Today - Re-teaching activities
Adventures in Food and Nutrition - textbook
Adventures in Food and Nutrition - student workbook

## CD/DVD/VHS/TV

Exam view Pro CD-ROM
Food Network's Good Eats - Alton Brown
Food Network's Unwrapped - Marc Summers
Discovery Channel's The Colony: S2
Food Network's Ace of Cakes
Super-Size Me
Food Inc.
Ratatouille

## Magazines/Periodicals/Newsletters

Food Network Magazine
HGTV Magazine
Taste of Home Magazine
A Goldy Bear Culinary Mystery Series by Diane Mott Davidson

Deceptively Delicious - Jessica Seinfeld
Double Delicious - Jessica Seinfeld
Where's Mom Now That I Need Her: Surviving Away From Home - Betty Rae Frandsen,

## Internet

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