

# Unit 4: Sewing Skills

Content Area: **Family and Consumer Science**  
Course(s): **Single Survival**  
Time Period: **8 weeks**  
Length: **Weeks**  
Status: **Published**

## Unit Overview

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Students will be able to understand and perform basic sewing skills.

## Transfer

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Students will be able to independently use their learning to...

- Demonstrate basic hand sewing techniques.
  - Identify various types of fasteners and how to apply them.
  - Mark, finish and secure a hem.
  - Lay out a pattern and properly pin it to fabric.
  - Operate a sewing machine properly.
  - Construct a plain seam and apply a zigzag seam finish.
  - Construct a casing.
  - Sew a curved seam, trim and reinforce the seam.
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## Meaning

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## Understandings

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Students will understand ...

- A variety of hand stitches.
- A variety of fasteners and how they are applied.
- How to mark, finish and secure a hem.
- The importance of properly laying out and pinning a pattern to fabric.
- Operating a sewing machine.
- The construction of a plain seam and how to finish it.
- The construction of a casing.
- The construction of a curved seam and how to trim and reinforce the seam.

## **Essential Questions**

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Students will keep considering...

How basic sewing skills can improve your lifestyle and save you money.

## **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

- A variety of hand sewing techniques.
- A variety of fasteners and how they are applied.
- How to hem a garment.
- How to properly layout and pin a pattern to a piece of fabric.
- How to operate a sewing machine.
- How to construct a plain seam and finish it.
- How to construct a casing.
- How to construct a curved seam, trim and reinforce the seam.

## **Students will be skilled at...**

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Students will be skilled at...

- Sewing a variety of hand stitches.
- Sewing on a variety of fasteners.
- Hemming.
- Laying out and pinning a pattern to fabric.
- Operating a sewing machine.
- Sewing a plain seam with a seam finish.
- Sewing a casing.

## **Academic Vocabulary**

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|               |                |
|---------------|----------------|
| backstitching | off-grain      |
| basting       | preshrunk      |
| casing        | seam           |
| grain         | seam allowance |
| hem           | selvages       |
| trim          | reinforce      |

## **Learning Goal 1**

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To demonstrate basic sewing skills such hand stitches, fasteners, hems, and laying out patterns.

- To demonstrate basic sewing skills such hand stitches, fasteners, hems, and laying out patterns.

FAM.9-12.16.4.1

Demonstrate professional skills in using a variety of equipment, tools, and supplies for

fashion, apparel, and textile construction, alteration, and repair.

FAM.9-12.16.4.5

Demonstrate basic skills for producing and altering textile products and apparel.

### **Target 1**

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Students will be able to thread a needle.

- Students will be able to thread a needle.

### **Target 2**

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Students will be able to stitch by hand.

- Students will be able to stitch by hand.

### **Target 3**

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Students will be able to identify and sew a variety of fasteners.

- Students will be able to identify and sew a variety of fasteners.

### **Target 4**

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Students will be able to mark a hem and sew a variety of hems.

- Students will be able to mark a hem and sew a variety of hems.

### **Target 5**

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Students will be able to layout the pattern and pin it to the fabric.

- Students will be able to layout the pattern and pin it to the fabric.

### **Learning Goal 2**

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To complete construction techniques on the sewing machine.

- To complete construction techniques on the sewing machine.

FAM.9-12.16.4.1

Demonstrate professional skills in using a variety of equipment, tools, and supplies for

**Target 1**

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Student will be able to construct a plain seam with a zigzag finish.

- Student will be able to construct a plain seam with a zigzag finish.

**Target 2**

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Student will be able to construct a casing.

- Student will be able to construct a casing.

**Proficiency Scale**

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**Summative Assessment**

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Unit test

Portfolios

Projects

**Formative Assessment and Performance Opportunities**

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Class discussion

Class participation

Self assessment

Teacher observation of hand sewing

Teacher observation of machine use

Worksheets

### **Accommodations/Modifications**

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- Provide additional video tutorials of sewing skills
- Provide extended one on one time
- Provide time for sewing practice with student experts

### **Unit Resources**

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Text Book: Clothes and Your Appearance

Sewing machine

Fabric and sewing supplies.

[www.google.com](http://www.google.com)