Realidades 1 - Unit 3B "Para mantener la salud"

Content Area: World Language

Course(s): Generic Course, Spanish I CP

Time Period: 3rd Marking Period

Length: **5 Weeks** Status: **Published**

Unit Overview

In Unit 3B, students will be introduced to common vocabulary, phrases, and concepts, related to describing meals, menus, foods, dining, and making good choices about diet and exercise, necessary for daily interpersonal interaction. Emphasis will be placed on basic communication and comprehension in everyday situations, i.e. survival skills. Students will gain a working knowledge of the basic structure of the target language using the present tense.

Transfer

By the end of Unit 3B, students will be able to:

- 1. Listen to and read descriptions of meals and menus
- 2. Talk and write about foods you and others like and dislike
- 3. Exchange information about food preferences
- 4. List healthy activities
- 5. List food groups
- 6. Pluralize adjectives
- 7. Use the verb SER

MEANING:

Understandings

Students will understand:

- 1. The similarities and differences between teenagers of Spanish-speaking countries and those of the United States
- 2. The eating and dietary habits of people from Spanish-speaking countries
- 3. The history of certain foods and their popularity in Spanish-speaking countries and the United States
- 4. Cultural perspectives on diet, exercise, and health care in Spanish-speaking countries

Essential Questions

- 1. What do you and others typically eat and drink for dinner?
- 2. What foods and beverages are important for maintaining good health?
- 3. What activities promote good health?

APPLICATION OF KNOWLEDGE AND SKILL:

Students will know...

Students will know:

- 1. Food groups
- 2. Healthy activities
- 3. Ways in which to describe foods
- 4. How to create and maintain a healthy diet

Students will be skilled at...

Students will be skilled at:

- 1.Naming and describing foods
- 2. Expressing likes and dislikes of foods
- 3. Discussing common dining habits of Spanish-speaking countries
- 4.Describing food preferences
- 5. Conjugating -er and -ir verbs in present tense

6.Labeling healthy activities

7. Conjugating the verb SER

Academic Vocabulary

- 1. I agree
- 2. I am
- 3. I do, I make
- 4. I don't think so.
- 5. I prefer
- 6. I think so.
- 7. I think that
- 8. I'm hungry.
- 9. I'm thirsty.
- 10. Why?
- 11. You are (familiar)
- 12. You do or to make
- 13. all
- 14. bad
- 15. because
- 16. beverages
- 17. butter
- 18. carrots
- 19. chicken
- 20. dinner
- 21. every day
- 22. fats
- 23. fish
- 24. for one's health
- 25. grains
- 26. grapes
- 27. green beans
- 28. he,she,it is
- 29. horrible
- 30. ice cream

- 1. estoy de acuerdo./yoestoy de acuerdo.
- 2. soy/yo soy
- 3. hago/yohago
- 4. creo que no./yo creo que no.
- 5. prefiero/yo prefiero
- 6. creo que si./yo creo que si.
- 7. creo que/yo creo que
- 8. Tengo hambre./Yo tengo hambre.
- 9. Tengo sed./Yotengo sed.
- 10. ?Por que?
- 11. eres/tu eres
- 12. haces/tu haces
- 13. todos/todas
- 14. malo/mala
- 15. porque
- 16. las bebidas
- 17. la mantequilla
- 18. las zanahorias
- 19. el pollo
- 20. la cena
- 21. cada dia/todos los dias
- 22. las grasas
- 23. el pescado
- 24. para la salud
- 25. los cereales
- 26. las uvas
- 27. la judias verdes
- 28. es
- 29. horrible
- 30. el helado

31. lettuce 31. la lechuga

32. many 32. muchos/muchas

33. meat 33. la carne

34. onion 34. la cebolla

35. ought to, should 35. deber

36. pastries 36. los pasteles

37. peas 37. los guisantes

38. potatoes 38. las papas

39. rice 39. el arroz

40. something 40. algo

41. spaghetti 41. los espaguetis

42. steak 42. el bistec

43. tasty/favorful 43. sabroso/sabrosa

44. to exercise 44. hacer ejercicio

45. to lift weights 45. levantar pesas

46. to maintain one's health 46. para mantener la salud

47. to think (believe) 47. creer

48. to walk 48. caminar

49. tomatoes 49. los tomates

50. we are 50. somos/nosotros somos

51. you prefer 51. prefieres/tu prefieres

Learning Goal

Students will be able to show appropriate and acurate use of the Spanish Language for the following vocabulary and grammar:

Vocabulary: Food groups, Healthy activities, Ways to describe food

Grammar: Plurals of adjectives, The verb SER

WL.7.1.NM.A.1 Recognize familiar spoken or written words and phrases contained in culturally authentic

materials using electronic information and other sources related to targeted themes.

WL.7.1.NM.A.2 Demonstrate comprehension of simple, oral and written directions, commands, and

	requests through appropriate physical response.
WL.7.1.NM.A.3	Recognize a few common gestures and cultural practices associated with the target culture(s).
WL.7.1.NM.A.4	Identify familiar people, places, and objects based on simple oral and/or written descriptions.
WL.7.1.NM.A.5	Demonstrate comprehension of brief oral and written messages using age - and level - appropriate, culturally authentic materials on familiar topics.
WL.7.1.NM.B.1	Use digital tools to exchange basic information at the word and memorized - phrase level related to self and targeted themes.
WL.7.1.NM.B.2	Give and follow simple oral and written directions, commands, and requests when participating in age - appropriate classroom and cultural activities.
WL.7.1.NM.B.3	Imitate appropriate gestures and intonation of the target culture(s)/language during greetings, leave - takings, and daily interactions.
WL.7.1.NM.B.4	Ask and respond to simple questions, make requests, and express preferences using memorized words and phrases.
WL.7.1.NM.B.5	Exchange information using words, phrases, and short sentences practiced in class on familiar topics or on topics studied in other content areas.
WL.7.1.NM.C.1	Use basic information at the word and memorized - phrase level to create a multimedia - rich presentation on targeted themes to be shared virtually with a target language audience.
WL.7.1.NM.C.2	Imitate, recite, and/or dramatize simple poetry, rhymes, songs, and skits.
WL.7.1.NM.C.3	Copy/write words, phrases, or simple guided texts on familiar topics.
WL.7.1.NM.C.4	Present information from age - and level - appropriate, culturally authentic materials orally or in writing.
WL.7.1.NM.C.5	Name and label tangible cultural products and imitate cultural practices from the target culture(s).

Target 1 - Level 1 Retrieval

SWBAT:

- 1. Identify vocabulary related to food and dining
- 2. Label food preferences
- 3. Conjugate -er and -ir verbs in present tense
- 4. Use expressions of like and dislike

Target 2 - Level 2 Comprehension

SWBAT:

- 1. Draw and label a menu
- 2. Chart common foods in Spanish-speaking countries with those of the United States

3. Describe common dining habits in Spanish-speaking countries	
Target 3 - Level 3 Analysis	
SWBAT:	
1. Compare and contrast dining habits in Spanish-speaking countries with those of the United States	
2. Categorize foods by description, food groups, etc.	
3. Determine what foods would constitute a healthy meal	
Target 4 - Level 4 Knowledge Utilization	
SWBAT:	
1. Research the recipes for meals common in the Spanish-speaking world and create the meals	
2. Develop a meal plan based on reserached information of nutrition	
Summative Assessment	
Mid-unit quizzes (given after sufficient material has been presented and formatively assessed)	
2. End of unit exams	
3. Mid or end of unit projects	

- 4. Class presentations
- 5. Research reports

Formative Assessment and Performance Opportunities

- 1. "Do Now" activity
- 2. Exit slips
- 3. Review games
- 4. Surveys
- 5. Rough drafts
- 6. Think-pair-share activities
- 7. Peer-teaching and mentoring
- 8. Dictation exercises
- 9. Question and answer
- 10. Choral response
- 11. Teacher observation
- 12. Short activities produced by teacher and/or students

Differentiation / Enrichment

DIFFERENTIATION:

- 1. Students will be strategically seated in an area of the classroom where distriction is minimal, enabling better focus on the lesson
- 2. Small group learning activities will be monitored for appropriateness of grouping and responses in the group. Grouping will be managed as necessary to provide modeling reinforcement and comfort of participation.
- 3. Graphic organizers, outlining, and other note-taking techniques will be presented to help students better comprehend text, class lectures, and discussions
- 4. Provide accomodations for individual learning styles

ENRICHMENT:

- 1. Provide students will supplemental resources to expand knowledge base and create experiences for deeper learning
- 2. Expand and extend concepts, theories, ideas, relationships, and generalizations
- 3. Provide opportunities to utilize learned material at a higher knowledge level

Unit Resources

- 1. Textbook Realidades 1 (Print and online)
- 2. Online practice workbook
- 3. Writing, audio, and visual workbook
- 4. Leveled vocabulary and grammar workbook
- 5. Teacher resource book
- 6. Audio CD
- 7. DVD series
- 8. Short texts
- 9. Informational texts