

# The 7 Habits of Highly Effective Teens

Content Area: **English Language Arts**  
Course(s): **Study Skills**  
Time Period: **September**  
Length: **7 weeks**  
Status: **Published**

## Unit Overview

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Through the use of the 7 Habits of Highly Effective Teens students begin to realize they have control over much of what happens in their lives and that they can be true leaders. Their choices can affect their day, their relationships, and their future. The 7 Habits will empower students to stop and think about their choices and the different outcomes that may come with those choices.

## Transfer

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Students will be able to independently use their learning to...

- manage their time effectively in order to achieve their short term and long term goals.
- set attainable goals and appropriate benchmarks to help them reach their goals.
- be a productive member of society.
- cultivate appropriate relationships with family, friends, and members of the community.
- solve problems in their own lives as well as the world.

## Meaning

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## Understandings

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Students will understand...

- the importance of goal setting and time-management.
- how to solve problems effectively and efficiently.
- the the causes, effects, and process of making good choices.
- how to foster cohesive relationships with others as well as themselves.
- the importance of being productive in their lives and in the community.

## **Essential Questions**

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Students will consider...

- How can making good choices lead to a productive life?
- How do relationships with family, friends, and the community affect my personal life?
- What are some ways I can effectively communicate with others in order to solve problems?
- What goals should I be setting for myself and what are the steps I should be taking to achieve them?
- What does it mean to be productive and how can I be productive in my life and community?

## **Application of Knowledge and Skill**

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### **Students will know...**

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Students will know...

- the importance of goal setting and time-management
- how to solve problems effectively and efficiently.
- the causes, effects, and process of making good choices.
- how to foster cohesive relationships with others as well as themselves.
- the importance of being productive in their lives and in the community.

### **Students will be skilled at...**

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Students will be skilled at...

- working independently to complete activities associated with habits.
- reading and comprehending informational text.
- self-reflecting.
- goal-setting.
- problem solving.
- cultivating relationships.
- being productive.
- communicating effectively.
- listening and collaborating.

## Academic Vocabulary

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- Adaptability
- Collaboration
- Communication
- Flexibility
- Initiative
- Leadership
- Motivation
- Productive
- Relationship
- Self-management
- Synergy
- Time- management

## Learning Goal 1

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Students will be able to identify with the habit "Be Productive", develop motivation and use their talents to exhibit the skills attributed to this habit.

## Target 1

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SWBAT:

Act responsibly toward self, family, school, community, nation, and the world.

CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP5	Consider the environmental, social and economic impacts of decisions.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.
CRP.K-12.CRP9	Model integrity, ethical leadership and effective management.
CRP.K-12.CRP11	Use technology to enhance productivity.

## Target 2

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SWBAT:

Think about choices; be accountable and responsible for actions and results, and understand that choices affect

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CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP5	Consider the environmental, social and economic impacts of decisions.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.
CRP.K-12.CRP9	Model integrity, ethical leadership and effective management.
CRP.K-12.CRP11	Use technology to enhance productivity.

## **Learning Goal 4 and 5**

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4- Students will apply conflict resolution and seek mutually beneficial solutions after learning the habit of how to "Think Win-Win" .

5- Students will cultivate communication and relationship building skills via the habit "Seek First to Understand, than to be Unerstood".

## **Target 1**

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SWBAT:

Cultivate a spirit of cooperation to live in an interdependent community and world.

CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP4	Communicate clearly and effectively and with reason.

## **Target 2**

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SWBAT:

Demonstrate alternative listening skills and be flexible, adaptable, open-minded and nonjudgmental when considering the views of others.

LA.SL.9-10.1	Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with peers on grades 9–10 topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively.
CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.

## **Learning Goal 6**

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Students will apply the habit of "Synergy" it in their lives.

## Target 1

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SWBAT:

Express and present information and ideas clearly in oral, visual, and written form.

CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP6	Demonstrate creativity and innovation.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.

## Summative Assessment

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- Cumulative Do Now Journal Entries

## 21st Century Life and Careers

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CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP2	Apply appropriate academic and technical skills.
CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP5	Consider the environmental, social and economic impacts of decisions.
CRP.K-12.CRP6	Demonstrate creativity and innovation.
CRP.K-12.CRP7	Employ valid and reliable research strategies.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.
CRP.K-12.CRP9	Model integrity, ethical leadership and effective management.
CRP.K-12.CRP10	Plan education and career paths aligned to personal goals.
CRP.K-12.CRP11.1	Career-ready individuals take personal ownership of their own education and career goals, and they regularly act on a plan to attain these goals. They understand their own career interests, preferences, goals, and requirements. They have perspective regarding the pathways available to them and the time, effort, experience and other requirements to pursue each, including a path of entrepreneurship. They recognize the value of each step in the education and experiential process, and they recognize that nearly all career paths require ongoing education and experience. They seek counselors, mentors, and other experts to assist in the planning and execution of career and personal goals.

## Formative Assessment and Performance Opportunities

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- Daily Do Now Journal Questions
- Participation
- Teacher Observation
- Workbook Activity Pages

## **Differentiation / Enrichment**

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- Completion of ALL workbook activities
- Only Do Now Journal responses
- Teacher assigned projects that connect to habit

## **Unit Resources**

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- The 7 Habits of Highly Effective Teens online textbook
- The 7 Habits of Highly Effective Teens workbook