

Unit 1: Human Sexuality/Relationships/STIs

Content Area: **Template**
Course(s):
Time Period: **Full Year**
Length: **Full Year**
Status: **Published**

UNIT RATIONALE

The grade nine health education program is designed to enrich students' knowledge of sexual health, healthy relationships, pregnancy, and parenting. In addition, students will analyze and interpret credible health resources and products. Students will be able to discuss the consequences of sexual activity as well as the responsibility of being sexually active. Ninth graders will examine the importance of early detection of diseases relating to the reproductive system. Additionally, students will learn about pregnancy, fetal development, childbirth, and parenthood. In this course, students will explain the impacts that decisions and lifestyle choices can have on both the individual and others. Students will also gain an understanding of their rights and responsibilities relating to healthy consensual relationships. To achieve these goals, the course will be guided by both the New Jersey Student Learning Standards and the National Standards for Health Education.

ESSENTIAL QUESTIONS

- What are the benefits of being abstinent?
- What are the consequences of deciding to be sexually active?
- How does consent affect an individual becoming sexually active?
- How does an individual create a safe environment for any gender and sexuality?
- What components comprise the sexual response cycle?
- How does one ensure parenthood is appropriate for their stage in life?
- What are the implications associated with pregnancy and childbirth?
- What are some advantages and disadvantages of contraceptive and disease prevention methods for STIs?
- What are some decisions an individual can make related to pregnancy, childbirth, and child development?
- What are some public health policies that are created to influence health promotion and disease prevention?

STANDARDS

NEW JERSEY STUDENT LEARNING STANDARDS: CONTENT AREA

New Jersey (NJSL) - Grades 9-12 - Comprehensive Health and Physical Education (2020)

	prevention methods (e.g., abstinence, condoms, emergency contraception, dental dams).
HE.9-12.2.1.12.PP.2	Develop a plan to eliminate or reduce risk for unintended pregnancy and/or STIs (including HIV) and identify ways to overcome potential barriers to prevention.
HE.9-12.2.1.12.PP.3	Identify trusted adults, including family members, caregivers, school staff, and health care professionals to ask questions and discuss pregnancy and other health topics.
HE.9-12.2.1.12.PP.4	List the major milestones of each trimester of fetal development utilizing medically accurate information.
HE.9-12.2.1.12.PP.5	Analyze factors that can impact the health of a baby (e.g., fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, genetics).
HE.9-12.2.1.12.PP.6	Analyze personal and societal factors that can influence decisions about pregnancy options, including parenting, abortion, safe haven, and adoption.
HE.9-12.2.1.12.PP.7	Analyze the emotional, social, physical, and financial effects of being a teen or young adult parent.
HE.9-12.2.1.12.PP.8	Assess the skills needed to be an effective parent.
HE.9-12.2.1.12.PP.9	Evaluate parenting strategies used at various stages of child development based on reliable sources of information.
HE.9-12.2.1.12.SSH.2	Advocate for school and community policies and programs that promote dignity and respect for people of all genders, gender expressions, gender identities, and sexual orientations.
HE.9-12.2.1.12.SSH.3	Analyze current social issues affecting perceptions of sexuality, culture, ethnicity, disability status and make recommendations to address those issues.
HE.9-12.2.1.12.SSH.5	Demonstrate ways to show respect for the boundaries of others as they relate to intimacy and sexual behavior.
HE.9-12.2.1.12.SSH.6	Analyze the benefits of abstinence from sexual activity using reliable resources.
HE.9-12.2.1.12.SSH.7	Analyze factors that influence the choices, and effectiveness of safer sex methods and contraception, including risk-reduction and risk-elimination strategies.
HE.9-12.2.1.12.SSH.8	Describe the human sexual response cycle, including the role of hormones and pleasure.
HE.9-12.2.1.12.SSH.9	Analyze the personal and societal factors that could keep someone from leaving an unhealthy relationship.
HE.9-12.2.1.12.SSH.10	Analyze the state and federal laws related to minors' ability to give and receive sexual consent and their association with sexually explicit media.
HE.9-12.2.3.12.PS.5	Identify the state and federal laws related to intimate partner and sexual violence (e.g., sexual harassment, sexual abuse, sexual assault, domestic violence).
HE.9-12.2.3.12.HCDM.1	Develop a health care plan to help prevent and treat diseases and health conditions one may encounter (e.g., breast/testicular exams, Pap smear, regular STIs testing, HPV vaccine).
HE.9-12.2.3.12.HCDM.3	Evaluate the benefits of biomedical approaches to prevent STIs (e.g., hepatitis B vaccine, HPV vaccine) and HIV (e.g., PrEP, PEP).

NEW JERSEY STUDENT LEARNING STANDARDS: CAREER READINESS, LIFE LITERACIES AND KEY SKILLS

NEW JERSEY STUDENT LEARNING STANDARDS: COMPUTER SCIENCE AND DESIGN

THINKING

PRE-ASSESSMENTS

The Teacher will open each lesson by asking students about the topic that will be covered that day. This may include certain vocab words or concepts. This will serve as a baseline to determine students' prior knowledge of the subject. The teacher will attempt to correct any information provided by the students that may not be factually correct.

Some other suggested Pre-Assessments are below...

Written work from the book

Video on date rape and answer questions

Powerpoint

STD/STI pictures and discussions

Information on cancers in the reproductive systems

Handouts on birth control and abstinence

Handouts on STD's STI's

Information on HIV and AIDS

Ryan White's movie on AIDS

"She's Too Young" video on Syphilis

Lecture on pregnancy and what is expected from the male and female

Brochure Web quest Research paper Video "411 on Sex"

Debate parenting responsibilities.

Role play parenting outcomes.

Analyze the possible complications of pregnancy.

Examine reasons to become a parent.

Discuss STIs, contraceptives, and pregnancy options.

INSTRUCTIONAL PLAN

Student Learning Intentions (SLI) WALT: (We are learning to...)	
Student Learning Strategies	
Success Criteria	
Formative Assessment (drives instructional decisions)	
Activities and Resources	
Suggested Modifications	

[9th Health Education CAR Model Final Endocrine.docx](#)

[9th Health Education CAR Model Female Anatomy.docx](#)

[9th Health Education CAR Model Male and Female Anatomy Day 2.docx](#)

[9th Health Education CAR Model Final Contraception Day 5.docx](#)

[9th Health Education CAR Model Relationships Day 2.docx](#)

[9th Health Education CAR Model Male Anatomy.docx](#)

[9th Health Education CAR Model STIs.docx](#)

[9th Health Education CAR Model Relationships.docx](#)

[9th Health Education CAR Model Final Days 1-4-Contraception.docx](#)

REFLECTIONS

**INTERDISCIPLINARY CONNECTIONS: NEW JERSEY STUDENT LEARNING STANDARDS
FOR ELA, SOCIAL STUDIES, SCIENCE AND/OR MATHEMATICS**
