Unit 01: Introduction-K-12 Counseling

Content Area: **English Language Arts**
Course(s):
Time Period: **Marking Period 1**
Length: **ongoing**
Status: **Published**

Brief Summary of Unit

Standards

NEW JERSEY LEARNING STANDARDS

2.1 WELLNESS ALL STUDENTS WILL ACQUIRE HEALTH PROMOTION CONCEPTS AND SKILLS TO SUPPORT A HEALTHY, ACTIVE LIFESTYLE

STRAND A, E

2.2 INTEGRATED SKILLS: ALL STUDENTS WILL DEVELOP AND USE PERSONAL AND INTERPERSONAL SKILLS TO SUPPORT A HEALTHY, ACTIVE LIFESTYLE

STRAND A, B, C

9.2 CAREER AWARENESS, EXPLORATION AND PREPARATION

CAREER READY PRACTICES

Career Ready Practices describe the career-ready skills that all educators in all content areas should seek to develop in their students. They are practices that have been linked to increase college, career, and life success. Career Ready Practices should be taught and reinforced in all career exploration and preparation programs with increasingly higher levels of complexity and expectation as a student advances through a program of study.

Transfer

SCOPE AND SEQUENCE

	K-2	3-5	6-8	9-12
TRUST	X	X	X	X
RESPECT	X	X	X	X
RESPONSIBILITY	X	X	X	X
FAIRNESS	X	X	X	X
CARING	X	X	X	X
CITIZENSHIP	X	X	X	X
CONFLICT RESOLUTION	X	X	X	X
BULLYING PREVENTION	X	X	X	X

Essential Questions

Essential Understandings

Students Will Know

Students Will Be Skilled At

Evidence/Performance Tasks

Learning Plan

SCHOOL COUNSELOR/SOCIAL WORKER ROLES

The school counselors/social workers in the Cranford Public School system are valuable pro-active members of the school community. As such, the role of the counselor permeates the total educational environment in response to the needs of the 21st century student. More specifically, school counselors/social workers are an integral part of coordinating a school-wide program organized around four primary delivery systems: a school counseling curriculum, individual needs/ student planning, responsive services, and system support as outlined by the American School Counseling Association National Model and The National Association of Social

Workers Code of Ethics integrating humanity .

SCHOOL COUNSELOR/SOCIAL WORKER COUNSELOR FUNCTIONS

School counselors and social workers have many duties and responsibilities related to the design and implementation of a comprehensive school counseling program. On any given day, our district's professional counselors/social workers can be seen doing the following:

School counselors/social workers assist students in:

- Establishing positive and realistic self-concepts in order to make school a successful experience.
- Modeling appropriate behaviors.
- Recognizing individual capabilities .
- Developing decision-making and personal life skills.
- Taking responsibility for behaviors and outcomes.
- Helping students develop better interpersonal relationships.

School counselors/social workers help parents/guardians:

- Understand how to help their child achieve his or her academic, social, and emotional potential.
- Enhance their relationship with the school community.
- Gain access to services available within the school community to meet their child's needs.
- Seek outside sources of assistance as needed.

School counselors/social workers share non-confidential information with teachers in order to:

- Understand the developmental needs of the students.
- Provide special assistance to individuals or groups of students.
- Identify and develop action plans for students in need of intervention or with special needs.
- Obtain pertinent materials and resources.
- Provide information regarding community agencies and sources of help for referral purposes.

- Seek outside sources of assistance as needed.

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Delivery Systems:

1.School Counseling Curriculum - The curriculum provides the framework for a comprehensive program whose content is systematically delivered to all students. The school counselors and social workers provide developmental information, knowledge, and skills to address their students' academic, career, and personal/social/emotional behavioral needs. This form of delivery differs on each educational level as our students grow older. At all levels instructional strategies are utilized to incorporate the six pillars of character education including:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Citizenship

The curriculum also incorporates a framework for a conflict resolution program which reflects the six pillars of character education listed above, teaching the skills necessary to group problem solve, and to differentiate between conflict and bullying.

2.Direct Services - School counselors and social workers assist students and their parents/ guardians in the development of student growth pertaining to various needs of the student which can include but is not limited to social emotional development, behavioral interventions, academic and career plans. They meet individually and in groups with students to analyze how their personal assessments, interests, abilities, deficits and achievements interface with educational planning, academic achievement and career exploration. Using inventories, computer programs, classroom lessons and group and individual counseling, the School Counselor/Social Worker guides the educational decisions to assure that the student gains the skills and preparation to pursue individual goals. Specific attention is placed on this approach as our students prepare for their life goals and develop a path to reach them.

3.Responsive Services - School counselors and social workers address students' immediate problems through "crisis intervention". Immediate intervention is in response to matter that interferes with their academic,

career, and personal well being, emotional/social development. These responsive services include conflict resolution, individual counseling and small-group counseling, crisis counseling and/or outside referrals to the appropriate resources. Students may be referred by a teacher, administrator, parent, a concerned friend, outside agencies or themselves. The counselor/social worker is obligated by law and ethical standards to report a case following Cranford Public Schools protocol when a person's welfare is in jeopardy. The school counselor/social worker maintains a directory of information on referral sources within the community, and makes this information available to students, teachers, and parents/ guardians upon request or the counselor/social worker deems necessary .

4.Indirect Services – The school counselor/social worker's role includes managing activities that enhance the total school counseling program. This includes collaborating with administrators on school counseling activities, providing information sessions for teachers/staff and parents/guardians, participating in professional development activities in order to keep current, and serving on school, district, and community committees or advisory councils. They participate in meetings including but not limited to the Collaborative Problem Solving Team, Core Team , Grade Level Team, and the School Safety Team, as well as Child Study Team, and make appropriate referrals to outside resources and agencies to respond to the presenting need. Partnerships can be made with businesses and programs coordinated with outside organizations to create stronger bridges to the community for students. School counselors and social workers also have access to critical data, which includes standardized testing results, grades, and transcripts. High school counselors utilize this data to help students plan the best academic program to maximize post-secondary options. School counselors also share data with teachers in order to make appropriate decisions about academic placement.

Suggested Strategies for Modifications