Unit 03: Safety

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Trimester 2**
Length: **ongoing**
Status: **Published**

Brief Summary of Unit

The ability to understand and incorporate wellness practices into one's daily living is vital to the well-being of our students and directly correlates to their optimal overall health. Effective health practices provide students with the potential for success when choosing a career and allow for the pursuit of any career interest. When taking this course, students develop their understanding of the interrelationship between wellness, overall well-being and success.

This unit will explore various ways to prevent accidents and injuries, basic first aid, use of emergency numbers, reading warning labels, safe touch vs. unsafe touch, and appropriate behavior around strangers.

Revised: July 2023

Standards

2.3.2	Safety

Essential Questions

- Where does one access and how does one choose accurate health promoting information?
- How can you prevent accidents and injuries in and out of the classroom environment?
- Why is it important to recognize dangerous situations?
- How will you prevent an accident or injury in the classroom or in the home?
- What should you do in case of a fire?
- What actions should you take to stay safe when participating in outdoor activities?
- Why is it important to be able to read and interpret warning labels?
- What are some things you can do to stay safe in your neighborhood?

Essential Understandings

- There are specific steps to be taken in order to avoid emergencies and stay safe
- Fire safety is an important aspect of preventing accidents and emergencies
- 9-1-1 will provide immediate assistance in the case of an emergency
- Products containing warning labels can be harmful if used improperly

- They should be cautious and alert in the presence of strangers

Students Will Know

- That 9-1-1 is the number to call when there is an emergency
- Various strategies that will help prevent injury in the home, school, and community
- How to exit a home in case of a fire
- Fire prevention safety tips
- That smoke alarms and fire extinguishers help keep homes safe
- How to read and interpret warning labels
- That wearing appropriate clothing and safety gear can help you stay safe when participating in outdoor activities
- How to avoid trouble and be aware of dangers in the neighborhood
- Vocabulary: Accident, injury, warning, emergency, label, danger, prevention

Students Will Be Skilled At

- That 9-1-1 is the number to call when there is an emergency
- Various strategies that will help prevent injury in the home, school, and community
- How to exit a home in case of a fire
- Fire prevention safety tips
- That smoke alarms and fire extinguishers help keep homes safe
- How to read and interpret warning labels
- That wearing appropriate clothing and safety gear can help you stay safe when participating in outdoor activities
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Evidence/Performance Tasks

When taking a Physical Education or Health course, students demonstrate differentiated abilities to answer the essential questions and meet course objectives through formative and summative assessments. Evidence of progression in answering the essential questions and meeting course objectives demonstrates the development of proficiency over time. The performance tasks below are implemented as benchmark assessments and, based on individual student readiness and performance, can be implemented as formative and/or summative

assessments. Student proficiency allows for additional or alternative assessment based on demonstration or absence of skill.

- Describe the different types of emergencies
- List safety measures to be taken to avoid emergencies
- Practice healthful behaviors by role playing appropriate responses to emergencies
- Demonstrate the STOP, DROP, and ROLL fire safety protocol
- Create warning labels for common household products
- Role play various scenarios pertaining to neighborhood safety
- Answer the essential questions

Learning Plan

- Introduction to avoiding accidents and injuries
- Discussion of basic first aid and safety measures in the home, school, and community
- List and identify various ways to prevent fires
- Discuss appropriate use of emergency numbers
- Analyze warning labels and the meaning behind each
- Review appropriate ways to interact with strangers
- Discuss appropriate clothing and safety gear for outdoor activities

Materials

Associated web content and media sources are infused into the unit as applicable and available

In addition the materials below, the link connects to district approved textbooks and resources utilized in this course

CORE BOOK LIST

The materials used in this course allow for integration of a variety of instructional, supplemental, and intervention materials that support student learners at all levels in the school and home environments

• Computers • Projector • Construction paper • Markers	.

• Course videos • handouts	

Suggested Strategies for Modifications

https://docs.google.com/spreadsheets/d/1Dt1d40AYxClqqaEUJ0RRPHlx5Ace8TWBXtEQu8hpw3Q/edit#gid=1426178898