

# Acting Techniques & Methodologies

Content Area: **Music**  
Course(s):  
Time Period: **Marking Period 1**  
Length: **30**  
Status: **Published**

## Essential Questions/Enduring Understandings

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- What are the famous acting techniques and how can they be utilized for an effective character and performance?
- What methods are used to achieve the reality of character?
- How can an actor develop their own method of acting?
- How can emotional recall guide and actor's work on stage?
- What are the ways actors can use natural impulses to inform choices during performance?

## Objectives

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- Students will know how to respect their acting partners.
- Students will know several acting techniques included but not limited to: Meisner, Stanislavski, Strasberg, Chekov, and Hagen.
- Students will know how to listen and respond appropriately to a fellow actor during a performance.
- Students will know how to recognize the use of body language.
- Students will be skilled as accessing emotional memory to connect with their current character's circumstances.
- Students will be skilled at the use of tactics as a method to release natural emotion through playable actions.
- Students will be skilled at using their impulses to fuel spontaneous creativity.
- Students will be skilled at using a variety of concentration and relaxation techniques to warm up for performance.
- Students will be skilled at using observations from every day life to inform choices on stage.
- Students will be skilled at using give and take as a way to highlight each other during performances.
- Students will be skilled at facilitating basic games and exercises used in previous levels and expand upon them.

## Assessments

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- Students will demonstrate sensory awareness in a given environment through observation and listening games determining how an actor sees and hears.
- Students will brainstorm about the essential questions through regular written reflections in the Actor's Journal.
- Students will demonstrate believability of emotion in scripted and improvised performances.
- Students will demonstrate understanding of the methods of physical expression without words through body movement exercises in order to perceive, communicate, and make contact with other actors on

stage.

- Students will demonstrate an understanding of the importance of impulse through theater games which will help create a freedom of expression on stage.

## **Materials**

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- Scripts
- Journals

## **Suggested Strategies for Modifications**

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[Acting 2/3 Accommodations](#)