

Movement for the Actor

Content Area: **Music**
Course(s):
Time Period: **Marking Period 2**
Length: **35**
Status: **Published**

Essential Questions/Enduring Understandings

- How is organic blocking developed and informed by character?
- How can knowledge of movement help and actor on stage?
- How does the use of physical expressiveness enhance the development of character and role?
- What are the ways that levels of movement enhance the development of blocking?
- What are the ways an actor can use the body to connect with emotion?
- What is Commedia Del'Arte?

Objectives

- Students will know how to physicalize a character through stage movement taking into consideration age, time period, class, and etc.
- Students will be skilled at developing blocking organically using their own creative instincts and justify their choices based on character's circumstances.
- Students will know how to apply movement techniques to change their body shape and positions to embody the character.
- Students will be skilled at body isolation and relaxation techniques to be less stiff on stage and utilize their bodies in ways different from how they are used to.
- Students will know the characters and movements of Commedia Del'Arte
- Students will be skilled at performing scenes as Commedia characters.

Learning Plan

- Start each class with a physical warm-up to ready the body.
- Facilitate movement based workshops to stimulate student development of physicalizing character.
- Work with actors on general movement exercise to isolate areas of the body and feel and concentrate on the energy produced.
- Work with actors to create simple but diverse movements and sounds through various movement exercises.
- Work with parts of the body in slow motion to create a living statue to discover the nuance of movement.
- Read selections from books and articles on nonverbal communication and create nonverbal scenes to display character intention and emotion.
- Discover the character tropes of Commedia Del'Arte
- Perform scenes as Commedia characters.

Assessments

- Students will brainstorm about the essential questions through regular written reflections in the Actor's Journal.
- Students will demonstrate through the application of specific body movements on the stage, how to be physically expressive in portraying character and describe and justify their choices.
- Students will determine the beginning and ending of stage business in order to develop a scene through the planning for performance of a character.
- Students will perform a Commedia scene and critique each other based on knowledge of Commedia characters.

Materials

- Journals

Suggested Strategies for Modifications

[Acting 1 Accommodations](#)