

Acting Techniques & Methodologies

Content Area: **Music**
Course(s):
Time Period: **Marking Period 1**
Length: **30**
Status: **Published**

Essential Questions/Enduring Understandings

- What are the famous acting techniques and how can they be utilized for an effective character and performance?
- What methods are used to achieve the reality of character?
- How can an actor develop their own method of acting?
- How can emotional recall guide and actor's work on stage?
- What are the ways actors can use natural impulses to inform choices during performance?

Objectives

- Students will know how to respect their acting partners.
- Students will know several acting techniques included but not limited to: Meisner, Stanislavski, Strasberg, Chekov, and Hagen.
- Students will know how to listen and respond appropriately to a fellow actor during a performance.
- Students will know how to recognize the use of body language.
- Students will be skilled at accessing emotional memory to connect with their current character's circumstances.
- Students will be skilled at the use of tactics as a method to release natural emotion through playable actions.
- Students will be skilled at using their impulses to fuel spontaneous creativity.
- Students will be skilled at using a variety of concentration and relaxation techniques to warm up for performance.
- Students will be skilled at using observations from every day life to inform choices on stage.
- Students will be skilled at using give and take as a way to highlight each other during performances.

Learning Plan

- Interview, introduce, and acquaint themselves with each other through the use of theater games.
- Review acting/theatre terminology from previous course and check for understanding (beats, actions, objectives, etc.)
- Provide an example of an Actor's Journal/Reflections for students to use a model for their own.
- Bring in objects with emotional importance and tell their stories to access affective memory.
- Use meditative exercises to recall emotional experiences to the surface.
- Explore playable actions through improvisations and scripted work.
- Formulate and develop a student's individual method of observation.
- Orient students to the techniques of theater games in order to bring fun and spontaneity into continuing

acting exercises.

- Assign play scripts, analyze and outline a profile of the play, given circumstances, characters, the stakes, objectives, obstacles, and beats.
- Provide theater games where students can develop sensory awareness, concentration, and trust.
- Have students monitor their progress by creating an Actor's Journal containing notes, thoughts, and class experiences.

Assessments

- Students will demonstrate sensory awareness in a given environment through observation and listening games determining how an actor sees and hears.
- Students will brainstorm about the essential questions through regular written reflections in the Actor's Journal.
- Students will demonstrate believability of emotion in scripted and improvised performances.
- Students will demonstrate understanding of the methods of physical expression without words through body movement exercises in order to perceive, communicate, and make contact with other actors on stage.
- Students will demonstrate an understanding of the importance of impulse through theater games which will help create a freedom of expression on stage.

Materials

- Scripts: 12 Angry Jurors, She Kills Monsters, All in the Timing, The Laramie Project
- Journals

Suggested Strategies for Modification

[Acting 1 Accommodations](#)