# **16 Dating Violence**

Content Area: Health and Physical Education

Course(s):

Time Period: Marking Period 1

Length: **3 Days** Status: **Published** 

# **Brief Summary of Unit**

This unit will address setting sexual limits and recognizing unhealthy relationships.

#### **Standards**

HE.9-12.2.1.12.EH.3	Describe strategies to appropriately respond to stressors in a variety of situations (e.g., academics, relationships, shootings, death, car accidents, illness).
HE.9-12.2.1.12.PGD.1	Develop a health care plan that includes practices and strategies designed to support an active lifestyle, attend to mental health, and foster a healthy, social and emotional life.
HE.9-12.2.1.12.CHSS.5	Analyze a variety of health products and services based on cost, availability, accessibility, benefits and accreditation in the home, school, and in the community (e.g., suicide prevention, breast/testicular self-examination, CPR/AED, life skills training, menstrual products).
HE.9-12.2.1.12.CHSS.7	Describe how individuals and local, state, and global advocacy organizations can collaborate to address common local and global health and social issues (e.g., hunger, clean water, organ/tissue donation).

## **Essential Questions**

What are risky situations a person should avoid? Why is it important to set sexual limits when going out on a date?

Why is it legally important to contain consent?

What factors would cloud the affirmation of consent?

What are the consequences of unprotected sexual activity?

## Students Will Know/ Students Will Be Skilled At

communication with a partner helps to set sexual limits.

alcohol and drugs will alter a person's perception of a dangerous situation

Yes means Yes, and No means NO

use of a buddy system or key word for help in a risky situation

unprotected sexual activity can lead to unwanted pregnancies, STDs including HIV/AIDS

key terms: dating violence, sexual limits, risky situations, coercion, stalking, power, sexual harassment, sexual advance, sexual assault, acquaintance rape, standards for a sexually healthy relationship, abstinence, persuasion, intimidation, consent, intrusion, quid pro quo, STDs. HIV/AIDS

being intoxicated does not excuse you from the ramifications of dating violence.

the importance of avoiding risky situations.

the necessity of setting sexual limits

# **Learning Plan**

Preview the essential questions and connect to learning throughout the unit.

Identify ways of resisting persuasive tactics regarding sexual involvement.

Create a list for the benefits for practicing abstinence.

Discuss how to resist sexual coercion.

Practice assertive decision making techniques to avoid sexual assault.

Develop refusal skills to use when in a compromising situation.

### **Evidence/ Performance Tasks**

Role play: NO means NO

create a pamphlet emphasizing the signs of dating

violence

answer the essential questions.

#### **Materials**

Videos, current events, Power point

# **Suggested Strategies for Modification**

Provide copy of accurate class notes

Adjust number of items student is expected to complete

Allow extra time for task completion

Allow verbal rather than written responses

Modify curriculum content based on student's ability level

Allow typed rather than handwritten responses

Modified homework assignments

(modify content, modify amount, as appropriate)

Assistance with organization of materials/notebooks

Use a consistent daily routine

Assist student in setting short-term goals

Break down tasks into manageable units

Provide benchmarks for long-term assignments and/or projects

Use of checklists

Use of an assignment notebook or planner

Provide timelines for work completion Provide organizational support through teacher websites Provide organizers/study guides Require classroom notebooks and/or folders Frequently check for understanding Simplify task directions Provide hands-on learning activities Provide modeling Provide guided instruction Modify pace of instruction to allow additional processing time Provide small group instruction Present information via the visual modality (written material to supplement oral explanation, models, illustrations, assignments written on board) Provide outline in advance of lecture Demonstrate directions and provide a model or example of completed task Emphasize multi-sensory presentation of data Encourage use of mnemonic devices Provide oral as well as written instructions/directions Allow for repetition and/or clarification of directions, as needed Reinforce visual directions with verbal cues Give direct and uncomplicated directions Orient to task and provide support to complete task Help to develop metacognitive skills (self-talk and self-correction) Directions repeated, clarified or reworded Have student demonstrate understanding of instructions/task before beginning assignment

Allow wait time for processing before calling on student for response

Read directions aloud

Administer work in small segments Provide visual models of completed tasks Give verbal as well as written directions Use interests to increase motivation Enlarge print Modified grading Additional time to complete classroom tests/quizzes Announce test with adequate prep time Small group administration of classroom tests/quizzes Modified tests/quizzes Modify the number of choices on tests/quizzes Modify length of test Modify the content of tests/quizzes Adjust test format to student's ability level Provide manipulative examples Develop charts, visual outlines, diagrams, etc. Verbally guide student through task steps Allow for oral rather than written responses on tests Allow for oral follow-up for student to expand on written response Allow use of a computer Provide a word bank for fill-in-the blank tests Allow dictated responses in lieu of written responses Do not penalize for spelling errors Allow typed rather than handwritten responses Provide word banks for recall tests Read test aloud Allow student to make test corrections for credit Alternate test-taking site

Seat student near front of room

Preferential seating

Monitor on-task per

Monitor on-task performance

Arrange private signal to cue

student to off-task behavior

Establish and maintain eye contact when giving oral directions

Stand in proximity to student to focus attention

Provide short breaks when refocusing is needed

Arrange physical layout to limit distractions

Frequently ask questions to engage student

Refocusing and redirection

Behavior/time management system

Include brainstorming as a pre-writing activity

Edit written work with teacher guidance

Allow use of word processor

Discuss behavioral issues privately with student

Provide opportunities for peer interactions

Utilize student in development of tasks/goals

Encourage student to self-advocate

Minimize negative behavior

Present alternatives to negative behavior

Desensitize student to anxiety causing events

Monitor for overload, excess stimuli

Identify triggers

Help student manage antecedents

Develop signal for when break is needed

Give student choices to allow control

Provide positive reinforcement

Provide consistent praise to elevate self-esteem

Model and role play problem solving

Provide counseling

Use social skills group to teach skills and provide feedback