15 Substance Use, Misuse, and Abuse

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 1**
Length: **3 Days**
Status: **Published**

Brief Summary of Unit

This unit will discuss the repercussions of substance use, abuse and misuse.

Standards

2.1.12.EH.3	Describe strategies to appropriately respond to stressors in a variety of situations (e.g., academics, relationships, shootings, death, car accidents, illness).
2.1.12.CHSS.5	Analyze a variety of health products and services based on cost, availability, accessibility, benefits and accreditation in the home, school, and in the community (e.g., suicide prevention, breast/testicular self-examination, CPR/AED, life skills training, menstrual products).
2.3.12.PS.3	Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
2.3.12.PS.4	Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.
2.3.12.HCDM.4	Evaluate emerging methods to diagnose and treat diseases and health conditions that are common in young adults in the United States and in other countries (e.g., hepatitis, stroke, heart attacks, cancer,).
2.3.12.ATD.3	Explore the relationship between individuals who abuse alcohol, tobacco, and other drugs with an increase in intentional and unintentional health-risk behaviors.
2.3.12.DSDT.1	Correlate duration of drug use and abuse to the incidence of drug-related deaths, injuries, illness, and academic performance.

Essential Questions

How can alcohol harm the body and the brain enough to impact a person's decision making?

What is the impact of alcohol abuse on the drinker and people in their lives?

What has research determined in regards to consumption of alcohol at an early age?

What are the dangers of tobacco/vaping?

Students Will Know/ Students Will Be Skilled At

alcohol has a systemic effect on the body.

intervention and resources can help one cope with substance dependency.

the source of addiction can be hereditary.

the effects of substance abuse at an early age

recognizing the dangers of all substances when abused or misused

key terms: binge drinking, alcohol poisoning, addiction, drugs, stimulants, over the counter, prescription drugs, hallucinogens, narcotics, marijuana, BAC (blood alcohol content), heroin, amphetamines, fetal alcohol syndrome, cirrhosis of the liver, co-dependence, inhalants, sedatives, e-cigarettes, transmission of HIV/AIDS

that the abuse of prescription medicines and over the counter medicines are comparable to using illegal drugs.

that alcohol abuse can develop into a physical and mental impairment.

supporting data shows the negative effects of vaping

Learning Plan

Preview the essential questions and connect to learning throughout the unit.

Discuss the harmful side effects from various drugs.

Analyze and interpret the use of drugs and their effects on the body.

Present various strategies to avoid peer pressure.

Review positive decision making alternatives to drug and alcohol abuse.

Evidence/ Performance Tasks

participate in a class debate about substance use and abuse and the role that peer pressure plays.

complete a weekly written/oral test.

answer the essential questions.

Materials

Power points, videos, current events

Suggested Strategies for Modification

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.

Provide copy of accurate class notes

Adjust number of items student is expected to complete

Allow extra time for task completion

Allow verbal rather than written responses

Modify curriculum content based on student's ability level

Allow typed rather than handwritten responses

Modified homework assignments

(modify content, modify amount, as appropriate)

Assistance with organization of materials/notebooks

Use a consistent daily routine

Assist student in setting short-term goals

Break down tasks into manageable units

Provide benchmarks for long-term assignments and/or projects

Use of checklists

Use of an assignment notebook or planner

Provide timelines for work completion

Provide organizational support through teacher websites

Provide organizers/study guides

Require classroom notebooks and/or folders

Frequently check for understanding

Simplify task directions

Provide hands-on learning activities

Provide modeling

Provide guided instruction

Modify pace of instruction toallow additional processing time

Provide small group instruction

Present information via the visual modality(written material to supplement oral explanation, models,

illustrations, assignments written on board)

Provide outline in advance of lecture

Demonstrate directions and provide a model or example of completed task

Emphasize multi-sensory presentation of data

Encourage use of mnemonic devices

Provide oral as well as written instructions/directions

Allow for repetition and/or clarification of directions, as needed

Reinforce visual directions with verbal cues

Give direct and uncomplicated directions

Orient to task and provide support to complete task

Help to develop metacognitive skills (self-talk and self-correction)

Directions repeated, clarified or reworded

Have student demonstrate understanding of instructions/task before beginning assignment

Allow wait time for processing before calling on student for response

Read directions aloud

Administer work in small segments

Provide visual models of completed tasks

Give verbal as well as written directions

Use interests to increase motivation

Enlarge print

Modified grading

Additional time to complete classroom tests/quizzes

Announce test with adequate prep time

Small group administration of classroom tests/quizzes

Modified tests/quizzes Modify the number of choices on tests/quizzes

Modify length of test

Modify the content of tests/quizzes

Adjust test format to student's ability level

Provide manipulative examples

Develop charts, visual outlines, diagrams, etc.

Verbally guide student through task steps

Allow for oral rather than written responses on tests

Allow for oral follow-up for student to expand on written response

Allow use of a computer Provide a word bank for fill-in-the blank tests

Allow dictated responses in lieu of written responses

Do not penalize for spelling errors

Allow typed rather than handwritten responses

Provide word banks for recall tests

Read test aloud

Allow student to make test corrections for credit

Alternate test-taking site

Seat student near front of room

Preferential seating

Monitor on-task performance

Arrange private signal to cue student to off-task behavior

Establish and maintain eye contact when giving oral directions

Stand in proximity to student to focus attention

Provide short breaks when refocusing is needed

Arrange physical layout to limit distractions

Frequently ask questions to engage student

Refocusing and redirection

Behavior/time management system

Include brainstorming as a pre-writing activity

Edit written work with teacher guidance

Allow use of word processor

Discuss behavioral issues privately with student

Provide opportunities for peerinteractions

Utilize student in development of tasks/goals

Encourage student to self-advocate

Minimize negative behavior

Present alternatives to negative behavior

Desensitize student to anxiety causing events

Monitor for overload, excess stimuli

Identify triggers

Help student manage antecedents

Develop signal for when break is needed

Give student choices to allow control

Provide positive reinforcement

Provide consistent praise to elevate self-esteem

Model and role play problem solving

Provide counseling

Use social skills group to teach skills and provide feedback

Students Will Be Skilled At

recognizing the dangers of all substances when abused or misused

Evidence/Performance Tasks

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