11 Pregnancy

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 3**
Length: **3 days**
Status: **Published**

Brief Summary of Unit

This unit will inform the students about the importance of preconception and prenatal care, as well as the process the body experiences from conception to birth.

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Standards

2.1.12.PP.1	Compare and contrast the advantages and disadvantages of contraceptive and disease prevention methods (e.g., abstinence, condoms, emergency contraception, dental dams).
2.1.12.PP.2	Develop a plan to eliminate or reduce risk for unintended pregnancy and/or STIs (including HIV) and identify ways to overcome potential barriers to prevention.
2.1.12.PP.3	Identify trusted adults, including family members, caregivers, school staff, and health care professionals to ask questions and discuss pregnancy and other health topics.
2.1.12.PP.4	List the major milestones of each trimester of fetal development utilizing medically accurate information.
2.1.12.PP.5	Analyze factors that can impact the health of a baby (e.g., fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, genetics).
2.1.12.PP.6	Analyze personal and societal factors that can influence decisions about pregnancy options, including parenting, abortion, safe haven, and adoption.
2.1.12.PP.7	Analyze the emotional, social, physical, and financial effects of being a teen or young adult parent.
2.1.12.PP.8	Assess the skills needed to be an effective parent.

Essential Questions

What is the importance of preconception and prenatal care?

What changes occur throughout the different stages of pregnancy?

What are the different types of deliveries?

How is the fetus nourished throughout the pregnancy?

Students Will Know/Students Will be Skilled At

the stages of pregnancy and labor.

how difficult delivery of a baby can be

Prenatal care to ensure a healthy baby

Learning Plan

Preview the essential questions and connect to learning throughout the unit.

Introduce the process of conception in humans.

Identify and give examples of preconception and prenatal care.

Describe the physiological effects of pregnancy on a woman.

Evidence/Performance Tasks

conduct a childbirth interview assignment.

complete a written test.

answer the essential questions.

Materials

Power Point

Construction Paper

White board

Videos

Student presentations

Laptops

Note packets

Suggested Strategies for Modifications

Power Point

Construction Paper

White board

Videos

Student presentations

Laptops

Note packets