10 Methods of Contraception

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 3**
Length: **3 days**
Status: **Published**

Brief Summary of Unit

This unit will present the various methods of contraception available, as well as the advantages and disadvantages of each method.

Revised June 2022

Standards

2.1.12.PP.1	Compare and contrast the advantages and disadvantages of contraceptive and disease prevention methods (e.g., abstinence, condoms, emergency contraception, dental dams).
2.1.12.PP.2	Develop a plan to eliminate or reduce risk for unintended pregnancy and/or STIs (including HIV) and identify ways to overcome potential barriers to prevention.
2.1.12.PP.3	Identify trusted adults, including family members, caregivers, school staff, and health care professionals to ask questions and discuss pregnancy and other health topics.
2.1.12.PP.4	List the major milestones of each trimester of fetal development utilizing medically accurate information.
2.1.12.PP.5	Analyze factors that can impact the health of a baby (e.g., fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, genetics).
2.1.12.PP.6	Analyze personal and societal factors that can influence decisions about pregnancy options, including parenting, abortion, safe haven, and adoption.
2.1.12.PP.7	Analyze the emotional, social, physical, and financial effects of being a teen or young adult parent.
2.1.12.PP.8	Assess the skills needed to be an effective parent.
2.1.12.PP.9	Evaluate parenting strategies used at various stages of child development based on reliable sources of information.
2.1.12.SSH.1	Analyze the influences of peers, family, media, social norms and culture on the expression of gender, sexual orientation, and identity.
2.1.12.SSH.2	Advocate for school and community policies and programs that promote dignity and respect for people of all genders, gender expressions, gender identities, and sexual orientations.
2.1.12.SSH.3	Analyze current social issues affecting perceptions of sexuality, culture, ethnicity, disability status and make recommendations to address those issues.
2.1.12.SSH.4	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others (defining and understanding the laws of consent and dating violence).
2.1.12.SSH.6	Analyze the benefits of abstinence from sexual activity using reliable resources.

Essential Questions

What are the advantages and disadvantages of the different methods of contraception?

What are the effects of hormonal methods of contraception on the body?

Why would the effectiveness of contraceptives change from person to person?

Students Will Know/Students Will Be Skilled At

that there are many contraception options available.

abstinence is the only contraceptive with a 100% effective rate of preventing pregnancy and STDs.

recognizing the contraceptive that is the most appropriate for them at this point in their life.

Learning Plan

Preview the essential questions and connect to learning throughout the unit.

Introduce the various methods of contraception and explain the advantages and disadvantages of each.

Discuss the reasoning behind choosing a certain method of contraception.

Evidence/Performance Tasks

complete a research paper and a visual representation of each method of contraception.

present the results of their research to the class.

complete a weekly written/oral test.

answer the essential questions.

Materials

ple of various methods of contraceptives

Power Point

Construction Paper

White board

Videos

Student presentations

Laptops

Note packets

Suggested Strategies for Modification

Suggested Strategies for Modifications

one-to-one instruction and assistance .
cooperative learning groups .
study partners .
additional time on task .
alternative outcome options .
assessment based on individual development in the area of study .
images and visual aids .
handouts of notes, procedures, processes, diagrams, etc. .
preferential seating .
audio tape of instruction .
reading material modified to student level .
testing materials appropriate to student level

Provide copy of accurate class notes

Adjust number of items student is expected to complete .

Allow extra time for task completion

Allow verbal rather than written responses

Modify curriculum content based on student's ability level

Allow typed rather than handwritten responses

Modified homework assignments (modify content, modify amount, as appropriate)

Assistance with organization of materials/notebooks

Use a consistent daily routine

Assist student in setting short-term goals

Break down tasks into manageable units

Provide benchmarks for long-term assignments and/or projects

Use of checklists

Use of an assignment notebook or planner

Provide timelines for work completion

Provide organizational support through teacher websites

Provide organizers/study guides

Require classroom notebooks and/or folders

Frequently check for understanding

Simplify task directions

Provide hands-on learning activities

Provide modeling

Provide guided instruction

Modify pace of instruction to allow additional processing time

Provide small group instruction

Present information via the visual modality(written material to supplement oral explanation, models, illustrations, assignments written on board)

Provide outline in advance of lecture

Demonstrate directions and provide a model or example of completed task

Emphasize multi-sensory presentation of data

Encourage use of mnemonic devices

Provide oral as well as written instructions/directions

Allow for repetition and/or clarification of directions, as needed

Reinforce visual directions with verbal cues

Give direct and uncomplicated directions

Orient to task and provide support to complete task

Help to develop metacognitive skills (self-talk and self-correction)

Directions repeated, clarified or reworded

Have student demonstrate understanding of instructions/task before beginning assignment

Allow wait time for processing before calling on student for response

Read directions aloud

Administer work in small segments

Provide visual models of completed tasks

Give verbal as well as written directions

Use interests to increase motivation

Enlarge print

Modified grading

Additional time to complete classroom tests/quizzes

Announce test with adequate prep time

Small group administration of classroom tests/quizzes

Modified tests/quizzes Modify the number of choices on tests/quizzes

Modify length of test

Modify the content of tests/quizzes