

# 09 Sexual Health

Content Area: **Health and Physical Education**  
Course(s):  
Time Period: **Marking Period 3**  
Length: **2 days**  
Status: **Published**

## **Brief Summary of Unit**

---

This unit will provide information on setting limits for sexual behaviors and how a situation can escalate to deprive a person of their choice.

Revised June 2022

## **Standards**

---

HE.9-12.2.1.12.PP.9	Evaluate parenting strategies used at various stages of child development based on reliable sources of information.
HE.9-12.2.1.12.SSH.1	Analyze the influences of peers, family, media, social norms and culture on the expression of gender, sexual orientation, and identity.
HE.9-12.2.1.12.SSH.2	Advocate for school and community policies and programs that promote dignity and respect for people of all genders, gender expressions, gender identities, and sexual orientations.
HE.9-12.2.1.12.SSH.3	Analyze current social issues affecting perceptions of sexuality, culture, ethnicity, disability status and make recommendations to address those issues.
HE.9-12.2.1.12.SSH.4	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others (defining and understanding the laws of consent and dating violence).
HE.9-12.2.1.12.SSH.6	Analyze the benefits of abstinence from sexual activity using reliable resources.

## **Students Will Know/Students Will be Skilled At**

---

no means no!!!! Must have an affirmative YES

age of consent

alcohol/drugs will cloud your decision making

using verbal techniques to set limits

preventing sexual victimization

## **Learning Plan**

---

Preview the essential questions and connect to learning throughout the unit.

Discuss the definitions for sexual harassment and sexual coercion and explain how each can develop.

Identify the different types of rape and discuss recommended actions for prevention.

Describe how past and present abuse patterns affect your relationships in life.

Identify the different forms of date rape drugs and/or consumption of alcohol and how they affect responses to intimate situations.

## **Evidence/Performance Tasks**

---

participate in a class activity dealing with different scenarios of sexual behaviors.

complete activity sheets relating to the causes, effects and aftermath of acquaintance rape.

answer the essential questions.

## **Materials**

---

Power Point

Construction Paper

White board

Videos

Student presentations

Laptops

Note packets

Guest Speaker

## **Suggested Strategies for Modification**

---

one-to-one instruction and assistance  
cooperative learning groups  
study partners  
additional time on task  
alternative outcome options  
assessment based on individual development in the area of study  
images and visual aids  
handouts of notes, procedures, processes, diagrams, etc.  
preferential seating  
audio tape of instruction  
reading material modified to student level  
testing materials appropriate to student level

Provide copy of accurate class notes

Adjust number of items student is expected to complete

Allow extra time for task completion

Allow verbal rather than written responses

Modify curriculum content based on student's ability level

Allow typed rather than handwritten responses

Modified homework assignments (modify content, modify amount, as appropriate)

Assistance with organization of materials/notebooks

Use a consistent daily routine

Assist student in setting short-term goals

Break down tasks into manageable units

Provide benchmarks for long-term assignments and/or projects

Use of checklists

Use of an assignment notebook or planner

Provide timelines for work completion

Provide organizational support through teacher websites

Provide organizers/study guides

Require classroom notebooks and/or folders

Frequently check for understanding

Simplify task directions

Provide hands-on learning activities

Provide modeling

Provide guided instruction

Modify pace of instruction to allow additional processing time

Provide small group instruction

Present information via the visual modality(written material to supplement oral explanation, models, illustrations, assignments written on board)

Provide outline in advance of lecture

Demonstrate directions and provide a model or example of completed task

Emphasize multi-sensory presentation of data

Encourage use of mnemonic devices

Provide oral as well as written instructions/directions

Allow for repetition and/or clarification of directions, as needed

Reinforce visual directions with verbal cues

Give direct and uncomplicated directions

Orient to task and provide support to complete task

Help to develop metacognitive skills (self-talk and self-correction)

Directions repeated, clarified or reworded

Have student demonstrate understanding of instructions/task before beginning assignment

Allow wait time for processing before calling on student for response

Read directions aloud

Administer work in small segments

Provide visual models of completed tasks

Give verbal as well as written directions

Use interests to increase motivation

Enlarge print

Modified grading

Additional time to complete classroom tests/quizzes

Announce test with adequate prep time

Small group administration of classroom tests/quizzes

Modified tests/quizzes Modify the number of choices on tests/quizzes

Modify length of test

Modify the content of tests/quizzes