

# 07 Drinking, Drug Use, and Penalties

Content Area: **Health and Physical Education**  
Course(s):  
Time Period: **Marking Period 1**  
Length: **1 Week**  
Status: **Published**

## Brief Summary of Unit

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This unit will introduce the laws surrounding alcohol and drug consumption when mixed with driving. The students will learn about the dangers of using alcohol or drugs when driving, and will be introduced to the potential consequences for driving under the influence. In addition, the class will discuss and review refusal skills for avoiding drinking and driving, as well as the role and importance of designated drivers.

Revised June 2022

## Standards

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HE.9-12.2.1.12.EH.3	Describe strategies to appropriately respond to stressors in a variety of situations (e.g., academics, relationships, shootings, death, car accidents, illness).
HE.9-12.2.1.12.PGD.2	Predict how healthy and unhealthy behaviors can affect brain development and impact physical, social and emotional stages of early adulthood.
HE.9-12.2.3.12.PS.1	Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media).
HE.9-12.2.3.12.PS.3	Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
HE.9-12.2.3.12.PS.4	Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.
HE.9-12.2.3.12.ATD.1	Examine the influences of drug use and misuse on an individual's social, emotional and mental wellness.
HE.9-12.2.3.12.ATD.2	Compare and contrast the incidence and impact of commonly abused substances on individuals and communities in the United States and other countries (e.g., tobacco, e-cigarettes, vaping products, alcohol, marijuana products, inhalants, anabolic steroids, other drugs).
HE.9-12.2.3.12.ATD.3	Explore the relationship between individuals who abuse alcohol, tobacco, and other drugs with an increase in intentional and unintentional health-risk behaviors.
HE.9-12.2.3.12.DSDT.1	Correlate duration of drug use and abuse to the incidence of drug-related deaths, injuries, illness, and academic performance.
HE.9-12.2.3.12.DSDT.2	Analyze personal choices and behaviors related to substance use and misuse to determine if they align with personal values and beliefs.
HE.9-12.2.3.12.DSDT.3	Examine the drug laws, and regulations of the State of New Jersey, other states and the affects; healthy and unhealthy on individuals, families, schools, and communities (e.g., vaping products, e-cigarettes, cannabis and CBD products, opioids).

HE.9-12.2.3.12.DSDT.4

Utilize peer support and societal norms to formulate a health-enhancing message to remain drug free.

HE.9-12.2.3.12.HCDM.2

Provide examples of how drugs and medication mimic or block the action of certain cells in the body, and how abusing drugs can affect the human body.

## **Essential Questions**

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What senses are affected by alcohol and drugs in the bloodstream that make it dangerous to drive while under the influence?

What level of responsibility do all motorists have in preventing drunk driving accidents?

## **Students Will Know/ Students Will Be Skilled At**

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The laws surrounding alcohol use and motor vehicle operation

Any amount of alcohol in the bloodstream will affect a person's ability to safely drive

The concentration of alcohol in various common alcoholic beverages, as well as what quantity of fluid constitutes a drink of beer, wine, and liquor

The importance of designated drivers in preventing alcohol related collisions

The penalties for impaired driving

Consequences and penalties for other common driving infractions

Key terms: Blood Alcohol Concentration, speeding, weaving, slow driving, designated drivers,, divided attention, tracking ability, balance, coordination, breath test, suspension, loss of license, vehicular manslaughter, implied consent, ignition interlock, point system

## **Learning Plan**

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Preview the essential questions and connect to learning throughout the unit.

Discuss how drugs and alcohol affect your driving abilities

Explain New Jersey's laws surrounding drinking and driving

Review the factors that determine blood alcohol concentration

Discuss the bodies reaction to different blood alcohol concentrations

Explain the consequences for drinking and driving, as well as other motor vehicle infractions

Review the point system for driving infractions, and how driver improvement programs can be used to reduce points on a license

Every 15 Minutes video series

Drunk driving scenario worksheets

Completion of guided notes

Practice quiz

Written test

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**Evidence/ Performance Tasks**

Completed guided notes packet

Practice quizzes

Drunk driving scenarios worksheet

Unit 7 written quiz

## **Materials**

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Laptops

Projector

Videos on dangers of drunk driving

New Jersey Drivers manuals

## **Suggested Strategies for Modification**

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one-to-one instruction and assistance

cooperative learning groups

study partners

additional time on task

assessment based on individual development in the area of study

images and visual aids

handouts of notes, procedures, processes, diagrams, etc.

preferential seating

reading material modified to student level

testing materials appropriate to student level

Google Slides Presentations

Lectures

Group work

Presentation/ Skits

Class Discussions

Videos

Research through technology

Extended time on quizzes

