# **05 Safe Driving Rules and Regulations**

Content Area: Health and Physical Education

Course(s):

Time Period: Marking Period 1

Length: **1 Week** Status: **Published** 

### **Brief Summary of Unit**

This unit will emphasize the importance of following all rules and regulations of New Jersey motor vehicle laws in order to ensure safe driving. Focus will be placed on the dangers of cell phone use behind the wheel, importance of following speed control, how to safely navigate different types of roadways, and safe passing, stopping, and turning.

Revised June 2022

#### **Standards**

HE.9-12.2.1.12.EH.3	Describe strategies to appropriately respond to stressors in a variety of situations (e.g., academics, relationships, shootings, death, car accidents, illness).
HE.9-12.2.1.12.PGD.2	Predict how healthy and unhealthy behaviors can affect brain development and impact physical, social and emotional stages of early adulthood.
HE.9-12.2.3.12.PS.1	Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media).
HE.9-12.2.3.12.PS.3	Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
HE.9-12.2.3.12.PS.4	Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.
HE.9-12.2.3.12.ATD.3	Explore the relationship between individuals who abuse alcohol, tobacco, and other drugs with an increase in intentional and unintentional health-risk behaviors.
HE.9-12.2.3.12.DSDT.1	Correlate duration of drug use and abuse to the incidence of drug-related deaths, injuries, illness, and academic performance.
HE.9-12.2.3.12.DSDT.2	Analyze personal choices and behaviors related to substance use and misuse to determine if they align with personal values and beliefs.
HE.9-12.2.3.12.DSDT.4	Utilize peer support and societal norms to formulate a health-enhancing message to remain drug free.
HE.9-12.2.3.12.HCDM.2	Provide examples of how drugs and medication mimic or block the action of certain cells in the body, and how abusing drugs can affect the human body.

#### **Essential Questions**

What safe driving rules and regulations must New Jersey Drivers follow in order to keep themselves, their passengers, and other

motorists safe on New Jersey roadways?
Which of our senses are compromised when using cell phones while driving and how is this dangerous?
Students Will Know/ Students Will Be Skilled At
That New Jersey law states that you must stay right except when passing another vehicle
That motorists must follow all posted speed limits and adjust their speed due to road and weather conditions wh
How to turn, stop their car, and change lanes safely and correctly
The dangers of using a cell phone behind the wheel of a car
How to properly navigate controlled versus uncontrolled intersections
The different parking and stopping regulations for New Jersey roads  Key terms: speed limit, littering, Safe Corridors Program, passing, keeping to the right, yielding to the right of v pedestrians, crosswalk, highway, intersections, controlled intersection, uncontrolled intersection, blind spot, traf weave lane, disabled vehicles, toll booths, right turn on red, deceleration, acceleration
Learning Plan
Preview the essential questions and connect to learning throughout the unit.
Explain the laws surrounding cell phone use and driving and reinforce with videos
Review the different speed limits for the various types of roads found in New Jersey

Explain how to determine right of way on various roadways
Introduce safe methods for stopping, passing other drivers on the road, and safe turning while driving
Review the laws surrounding use of headlights
Discuss parking and stopping regulations
Complete guided note packet
Complete partner activity to identify common local speed limits, roadways, and road conditions
Complete unit practice quiz
Complete unit 5 written test
Evidence/ Performance Tasks
Completed guided notes packet
Practice quiz
Graded partner activity
Unit 5 multiple choice quiz

**Materials** 

Laptops
Projector
videos
New Jersey Drivers manuals

## **Suggested Strategies for Modification**

one-to-one instruction and assistance cooperative learning groups study partners additional time on task assessment based on individual development in the area of study images and visual aids handouts of notes, procedures, processes, diagrams, etc. preferential seating reading material modified to student level testing materials appropriate to student level **Google Slides Presentations** Lectures Group work

Presentation/ Skits

**Class Discussions** 

Videos