Introduction

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 1**
Length: **One Semester**
Status: **Published**

Brief Summary of Unit

This class will provide the students with the knowledge and understanding of driving rules and regulations, best practices for safety, and the process of obtaining a driver's license in the State of New Jersey.

Revision Date: June 2022

Standards

2.1.12.PGD.2	Predict how healthy and unhealthy behaviors can affect brain development and impact physical, social and emotional stages of early adulthood.
2.1.12.EH.1	Recognize one's personal traits, strengths, and limitations and identify how to develop skills to support a healthy lifestyle.
2.1.12.EH.2	Analyze factors that influence the emotional and social impact of mental health illness on the family.
2.1.12.EH.3	Describe strategies to appropriately respond to stressors in a variety of situations (e.g., academics, relationships, shootings, death, car accidents, illness).
2.3.12.PS.1	Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media).
2.3.12.PS.3	Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
2.3.12.PS.4	Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.
2.3.12.HCDM.2	Provide examples of how drugs and medication mimic or block the action of certain cells in the body, and how abusing drugs can affect the human body.
2.3.12.ATD.1	Examine the influences of drug use and misuse on an individual's social, emotional and mental wellness.
2.3.12.ATD.2	Compare and contrast the incidence and impact of commonly abused substances on individuals and communities in the United States and other countries (e.g., tobacco, e-cigarettes, vaping products, alcohol, marijuana products, inhalants, anabolic steroids, other drugs).
2.3.12.ATD.3	Explore the relationship between individuals who abuse alcohol, tobacco, and other drugs with an increase in intentional and unintentional health-risk behaviors.
2.3.12.DSDT.1	Correlate duration of drug use and abuse to the incidence of drug-related deaths, injuries, illness, and academic performance.
2.3.12.DSDT.2	Analyze personal choices and behaviors related to substance use and misuse to determine

	if they align with personal values and beliefs.
2.3.12.DSDT.3	Examine the drug laws, and regulations of the State of New Jersey, other states and the affects; healthy and unhealthy on individuals, families, schools, and communities (e.g., vaping products, e-cigarettes, cannabis and CBD products, opioids).
2.3.12.DSDT.4	Utilize peer support and societal norms to formulate a health-enhancing message to remain drug free.

Essential Questions

What are the requirements necessary to obtain a New Jersey Driver's permit, probationary license, and basic license?

How can one ensure safety at all times for themselves, their passengers, pedestrians, and other drivers when operating a motor vehicle?

Students Will Know/ Students Will Be Skilled At

-The various laws, rules, and regulations in the NJ Motor Vehicle System

-Techniques and strategies for safe driving practices as a beginner driver

Learning Plan

1. The NJ Drivers License System

2. Driver Responsibility

3. Vehicle Information

4. Signs, Signals, Markings

5. Safe Driving Rules and Regulations

6. Defensive Driving

7. Drinking, Drug Use, and Penalties

8. Sharing the Road With Others

Evidence/ Performance Tasks

-Teacher observation

-Written quizzes for each unit

-Group projects

-NJ State Drivers Exam

Materials

New Jersey Drivers manuals

Laptops

Projector

Construction paper

Markers

Defensive driving videos

Suggested Strategies for Modification

one-to-one instruction and assistance
cooperative learning groups
study partners
additional time on task
assessment based on individual development in the area of study
images and visual aids
handouts of notes, procedures, processes, diagrams, etc.
preferential seating
reading material modified to student level
testing materials appropriate to student level
PowerPoint Presentations
Lectures
Group work
Presentation/ Skits
Class Discussions
Assorted media (video, DVD)
Research through technology

Extended time on quizzes