05 Abstinence/HIV-AIDS

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 3**
Length: **1 week**
Status: **Published**

Brief Summary of Unit

This unit will reinforce the reasons that the practice of abstinence is the most responsible decision. In addition, students will learn the importance of choosing abstinence at this stage in life, and the positive effects that come from this decision.

Revised June 2022

Standards

2.1.12.EH.4	Analyze and adapt mental and emotional health messages and communication techniques to peers and other specific target audience (e.g., dimensions of health).
2.1.12.SSH.4	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others (defining and understanding the laws of consent and dating violence).
2.1.12.SSH.6	Analyze the benefits of abstinence from sexual activity using reliable resources.
2.1.12.SSH.9	Analyze the personal and societal factors that could keep someone from leaving an unhealthy relationship.

Essential Questions

Why is remaining abstinent crucial at this stage in life and what are some methods to avoid

Contracting HIV/AIDS?

How can one ensure safety while engaging in dating relationships?

Students Will Know/Students Will be Skilled At

abstinence is the ONLY method that is 100% effective in preventing pregnancy and STDs.

communication and respect amongst partners is crucial in a serious relationship.

The importance of choosing abstinence as a teenager

Refusal skills that can be utilized to avoid risky and unhealthy behavior

The progression of the HIV infection to AIDS and how to avoid the transmission of this disease

Learning Plan

Preview the essential questions and connect to learning throughout the unit.

Discuss the importance of choosing abstinence, as well as refusal skills to help avoid risky behavior and remain abstinent

Complete a choosing abstinence risks and rewards worksheet

Review HIV/ AIDS transmission, and discuss ways to prevent contracting the diseases

Practice Quiz and review

Unit test

Evidence/Performance Tasks

Completed guided notes packets

Abstinence risks vs rewards worksheet

Practice quiz

Unit test

Materials

Laptops

Projector

Construction paper

Markers

Course videos

Suggested Strategies for Modification

one-to-one instruction and assistance
cooperative learning groups
study partners
additional time on task
assessment based on individual development in the area of study
images and visual aids
handouts of notes, procedures, processes, diagrams, etc.
preferential seating
reading material modified to student level
testing materials appropriate to student level
Google Slides Presentations
Lectures
Group work
Presentation/ Skits
Class Discussions
Videos
Research through technology

Extended time on quizzes