03 Relationships/Anti-Bullying

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 3**
Length: **1 semester**
Status: **Published**

Brief Summary of Unit

This unit will discuss the importance of developing and maintaining healthy relationships in all aspects of life. Emphasis will be placed on identifying characteristics of both healthy and unhealthy relationships, as well as the role relationships play in developing social health. In addition, students will learn how to identify and prevent bullying behavior from occurring in school in accordance with school policy and state laws involving harassment, intimidation, and bullying.

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Standards

2.1.12.EH.3	Describe strategies to appropriately respond to stressors in a variety of situations (e.g., academics, relationships, shootings, death, car accidents, illness).
2.1.12.EH.4	Analyze and adapt mental and emotional health messages and communication techniques to peers and other specific target audience (e.g., dimensions of health).
2.1.12.SSH.4	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others (defining and understanding the laws of consent and dating violence).
2.1.12.SSH.6	Analyze the benefits of abstinence from sexual activity using reliable resources.
2.1.12.SSH.9	Analyze the personal and societal factors that could keep someone from leaving an unhealthy relationship.

Essential Questions

What are some characteristics of both healthy and unhealthy relationships?

What are the differences between bullying, conflict, and bothersome behavior in regards to the current anti-bullying laws that exist in New Jersey?

Students Will Know/Students Will be Skilled At

A variety of positive and negative relationship characteristics

How to determine if a relationship is healthy or unhealthy

The importance of different types of relationships and the influence they have on a teeager

The dangers of unhealthy relationships on a persons' overall wellness

Refusal skills that can be utilized to avoid risky and unhealthy behavior in relationships

Ways to identify bullying behavior and how to report bullying situations to help the victim

Learning Plan

Preview the essential questions and connect to learning throughout the unit.

Discuss characteristics of healthy/ unhealthy relationships

Identify the characteristics of a bully, as well as ways to help bullying victims in accordance to school policy and NJ law

Complete a variety of different bullying scenario lessons in which bullying behavior is identified and proper steps are taken to resolve the situations

Review ways to identify warning signs for dating violence and dangerous relationships

Healthy vs unhealthy relationships group research project

Practice Quiz and review

Unit test

Evidence/Performance Tasks

Completed guided notes packets

Relationships research activity

Practice quiz

Unit test

Materials

Completed guided notes packets

Relationships research activity

Practice quiz

Unit test

Suggested Strategies for Modification

one-to-one instruction and assistance

Cooperative learning groups

Study partners

Additional time on task

Assessment based on individual development in the area of study

images and visual aids

Handouts of notes, procedures, processes, diagrams, etc.

Preferential seating

reading material modified to student level

testing materials appropriate to student level

Google Slides Presentations

Pictures

Group work

presentation/skits

Class Discussions

Videos

Research through technology

Presentation/ Skits

Extended time on quizzes