13 Handball

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 2**
Length: **3 Weeks**
Status: **Published**

Brief Summary of Unit

This unit will aid in the development of team play principles, sportsmanship, and cooperative learning as it applies to the sport of Handball; this unit will also provide students with the rules and regulations of Team Handball, as well as emphasize how Team Handball can be utilized throughout their life in order to promote physical fitness and overall health.

Revised June 2022

Standards

2.2.12.MSC.1	Explain and demonstrate ways to apply movement skills from one game, sport, aerobics, or recreational activity to another including striking skills (e.g., tennis, badminton, ping pong, racquetball, pickle ball).
2.2.12.MSC.2	Analyze application of force and motion (e.g., weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
2.2.12.MSC.4	Analyze etiquette, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance, participation, and behavior.
2.2.12.PF.1	Compare the short- and long-term benefits of physical activity and the impact on wellness associated with physical, mental, emotional fitness through one's lifetime.
2.2.12.PF.2	Respect and appreciate all levels of ability and encourage with care during all physical activities.
2.2.12.LF.2	Develop a sense of openness and willingness when participating in physical fitness activity to share and learn experiences from your own and other cultures.
2.2.12.LF.3	Examine building to a level of fitness to successfully participate in a range of different physical activities during a lifetime.
2.2.12.LF.4	Exhibit responsible social behavior by including and cooperating with classmates of all skill levels, assisting when needed, and collaborating respectfully to solve problems in groups, teams, and in pairs during physical activity.
2.2.12.LF.5	Describe the social benefits gained from participating in physical activity (e.g., meeting someone, making friends, team work, building trust, experiencing something new).

Essential Questions

What components of fitness are utilized in playing Team Handball?

How can Team Handball be used throughout your life to promote physical fitness and overall health?

Students Will Know/ Students Will Be Skilled At

• Team Handball combines the elements of soccer, water polo, hockey, and basketball.

• offensive success revolves around a team's ability to move the ball quickly and accurately from player to player.

• keeping the ball moving is vital to avoiding passive play.

• a wrist pass is used as a lateral pass from teammate to teammate.

• a jump pass is used to take a shot on goal, as well as used to evade opponents.

•an overhand pass is similar to a baseball throw from the outfield.

• each player is only allowed a MAXIMUM of three steps when in possession.

• all rules and regulations of Team Handball.

• key terms: handball, ball, goals, pass, traveling with the ball, scoring, jump line, mid-court, interception, possession, change of possession, penalty, jump pass, wrist pass, overhand pass, turnover

Learning Plan

Preview the essential questions and connect to learning throughout the unit.

•Identify the concepts of Handball (history, origins, different sports that make up Handball).

• Participate in individual skill work as well as game play for all included sports skills

• record their results and scores for all games played

•Demonstrate an appropriate level of skill for high school play

•Demonstrate and review possible strategies for offensive and defensive teams.

• Ensure that all students follow safety precautions at all times

•Ensure students dress appropriately for every class.

•Reinforce that students' must act respectfully and follow rules

•Complete competitive tournament play

•Complete unit written quiz

Evidence/ Performance Tasks

- Question and answer
- Observation of student play and individual skill work
- Unit written quiz

Materials

- Pinnies
- Handballs
- Hockey goals
- Cones

Suggested Strategies for Modification

•one-to-one instruction and assistance
•cooperative learning groups
•additional time on task
•assessment based on individual development in the area of study
•demonstration and visual aids
•study guides made available
•preferential seating
•testing materials appropriate to student level
•Lectures

•Group work
•Class Discussions
•Extended time on quizzes

•Explanation and demonstration through kinesthetic, visual, and auditory manners.